

6/

17th 6 down

(28 miles)

POLYNESIAN VOYAGING SOCIETY

- 16 The Vessel Supervisor
- 20 The Seamen
- 22 The Education Coordinator and Your Secretary

Requests the honour of your presence to view the refitting and refurbishing of your office

Wednesday September 6, 1978
4:00 P.M. - 6:00 P.M.
Arts and Crafts Building
Bishop Museum

E Kipa Mai E Ho'olaule'a Pu Kakaou!
Come and Let's Celebrate Together

DOCUMENTS CAPTURED AS RECEIVED

POLYNESIAN VOYAGING SOCIETY

THE VESSEL SUPERVISOR
THE SEAMEN

POLYNESIAN VOA

POLYNESIAN VOYAGING SOCIET

Pu KAKAU Pu Kakaao

au

THE HAWAIIAN GUILD OF TALENTED TITA'S AND HAWAIIAN VIKINGS

UNDER THE DIRECTION OF HULA LA-HO-LEI PRODUCTIONS

presents

COME AND JOIN THE FUN! (FUND????)



POLYNESIAN VOYAGING SOCIETY

BOX 6037 / HONOLULU / HAWAII 96818 / (808) 841-3966

September 6, 1978
Wednesday Afternoon

PRESIDENT

MICHAEL A. TONGG

VICE PRESIDENT

JO ANNE STERLING

TREASURER

ANTHONY GUERRERO, JR.

SECRETARY

RENEE MILLER

BOARD OF DIRECTORS

PAIGE KAWELO

BARBER

KEALIPUAI MOKU

FROISETH

DAVID B. K. LYMAN, III

JERRY K. MULLER

SIEGFRIED RAMLER

AUGUST YEE

BENJAMIN B. C.

YOUNG, M.D.

ADVISORY BOARD

CHARMAN AKINA, M.D.

FRED CACHOLA, M.D.

KENNETH P. EMORY, PH.D.

BEN R. FINNEY, PH.D.

WALLACE F. FROISETH

SAM KAI

HERB KAWAINUI

KANE, M.F.A.

G. ZULU KAUI

PO'OMAI KAWANANAKOA

ED KEALANAHELE,

REVEREND

JOHN KRUSE

FRANCIS KAINOA LEE

GORDON PIANAIA

ALOHA 'AUINALA!

Welcome to our office open house! Please enjoy yourselves! If for a tender moment you feel like Dorothy Lamour or John Hall cruising through the movie "HURRICANE" as you enter our office porthole, it is just an extension of our incurably romantic hula girl backgrounds that managed to seep through our interior designs. We really didn't intend for it to come out looking like "Don the Beachcomers", it just sort of turned out that way!

We felt, our office, like our canoe, needed to be refitted and refurbished. Taking immediate action we took it upon ourselves to give it a gentle facelift and add some spice and pazazz to it. With imagination and the cooperation of our Hawaiian Vikings, we finally accomplished our objectives.....well almost! We could still use piped ocean sounds from Muzack.....

Marlene (Ms. Onassis) and yours truly (Madame Rockefeller), the PVS philanthropists, absorbed most of the refurbishing costs as a personal contribution to our PVS office and as an end-of-the-year tax write off to keep us in the low income bracket. As you might note, we are sacrificing champagne and caviar this month and dining rather on sardines, poi, 'opae and Maui onions so that we could afford this feat. We also did the refitting on our own time, after work and on weekends.

As executive administrative secretary, Marlene tried to keep her side of the office looking administrative, and did her decor in conservative and tasteful tones of brown. As the education coordinator, I wanted to give my side a "classroom" effect, using tapa and the colors of the rainbow to give my area a creative and stimulating atmosphere. Well, in a world of individuals comparison is a useless activity!

In trying to keep our office theme nautical, we sought the talents of our crafty Vikings and would like to extend laurels to each and everyone who lent a hand in dressing up our office. Wally Froiseth, our canoe chairman, who carved our majestic PVS name plaques in koa which you see on the facade of our building and above our office door. Love his hieroglyphics....so creative! Mahalo Wally! A special accolade to Bishop Museum electrician Ken Miyazake, and his assistant, Edgar Akina, for their free services and fixtures.

To Leon Sterling and his seamen, in alphabetical order, Kalepa Baybayan, Abel John, Keola Jones, and Anthony Nali'ielua for all of the nautical decor they contributed. They did a splendid job! We're very proud of you! Mahalo!

HAWAII

TAHITI



BICENTENNIAL VOYAGE OF REDISCOVERY
HOE AKU I KA WA'A

To Ben Young, for designing our desk name plates which should be arriving any time now.....mahalo! To Michael Tongg, Anthony Guerrero Jr. and Gordon Pi'ianai'a for contributing to our fund raising campaign. Mahalo!

We hope that our enthusiasm and initiative for refitting and refurbishing our office will act as a catalyst in rekindling the alacrity you have all shared in the past in keeping the spirit of our Polynesian Voyaging Society a living entity in research, education, and experiential canoe voyaging.

With well directed energy, open lines of communication, and a sharing of each other's mana'o, we can achieve full fruition of our objectives. Hōkūle'a, our esteemed and seaworthy double-hulled canoe, whom we have all experienced our own personal love affair with, will continue to open up new avenues of expression in Hawaiian studies.

If we continue to emulate the intense drive and dedication of our charter members who researched, loved and shared the whole experience of Hōkūle'a, our PVS will continue to serve as an important constituent of our Hawaiian culture. Through the combined efforts of our past, present, and future members, we will continue to witness Hōkūle'a redefine our Hawaiian heritage, enhancing the pride and dignity of our Hawaiianess.

With ALOHA we can hold together the OHANA of our PVS! Each and everyone of you are needed and valued. Let us all discover our mana'o and have fun in the process! E Kipa Mai E Ho'olaule'a a Pū Kākou! (Come and Let's Celebrate Together!)

Having an open house this afternoon will give everyone an opportunity to rediscover each other. We extended invitations to the press also because we would like to let the media know that we are a vital and growing organization. We have a dynamic and innovative society and we would like to extend ourselves and our services to the whole community in Polynesian voyaging and other Hawaiian related areas.

I have put together a "TIME MANAGEMENT HANDBOOK" to give all of you as an "open house" favor. It serves a number of purposes:

😊 Because I love all of you, and wanted to leave you with a token of ALOHA for just being yourselves....warm, loving and caring individuals, each a unique entity in God's scheme.

😊 To introduce myself to those who haven't already met me and to "show off" (ho'ōio i'au noho'i) a sampling of my "abilities" to plan and coordinate.

😊 I thought you might enjoy using this plan. It can be fun and effective.

😊 To hopefully give you an incentive to come to tomorrow's PVS meeting filled with creative and innovative NOTES TO THE PVS and MEMOS FOR THE EDUCATION COORDINATOR. (P.S. You don't need to be an educator or on the Education Committee to come up with an educational idea. So please share your mana'o!

😊 To publically acknowledge with a NUI, NUI ALOHA the committee that hired me. They were courageous...and ran the risk....they could have played it a lot safer and hired a more conservative individual. More than often the "colorful" me masks the more serious side of my nature. I appreciate their faith in me and hope that I will reinforce the convictions of their selection. I have thoroughly enjoyed working with them these past months. They are an inspiring and beautiful group of human beings and I am very proud to be part of their hui.

😊 To throw a graceful hint to ALU LIKE that our office is bustling with productive activities and we are needed after September 30th.

HERE IS A SNEAK PREVIEW OF WHAT'S HAPPENING AT OUR OFFICE OR ABOUT TO HAPPEN! I would love feedback and constructive suggestions on any of the following. My interpretation of being a coordinator is not only to create and disseminate educational materials and programs, but also to put together the best of all of the ideas and suggestions from the whole of the society.

The office is in the process of developing:

- A Polynesian Voyaging Society brochure
- Display posters for the Children's Book Project to be placed in:
 - ☐ The Planetarium display case of Hokule'a
 - ☐ The Bishop Museum gift shop
 - ☐ The PVS office
 - ☐ Commercial outlets that will lend us shelf space
 - ☐ Workshops and exhibits
- 30 minute slide presentations for:
 - ☐ School audience
 - ☐ General audience
 - ☐ Business organizations and fund raising projects
- Large easel pad presentation visually depicting information on the PVS and its activities and accomplishments, past, present and future.
- Photo collage (already on display today) on the PVS Ohana. *I need photos to complete it so that I can laminate it. I will be photographing you today. No shame (no hila hila)! Keep smiling!
- Collating newspaper articles in a bound binder on the activities of Hōkūle'a that can be used as a resource for anyone interested in researching the voyages of Hōkūle'a.
- Promotional and educational handouts that will be given out at workshops.
- Updating presentation materials already on hand and developing new materials.
- * Maps and charts on currents, wind, stars, foods and other related subjects on voyaging. These will be developed on cardboard backing with acetate overlays.
- Updating "Speaker's Bureau" with a calendar of scheduled events and speakers.
- Building a working model to scale of Hōkūle'a with 3 feet hulls that can be used at lecture presentations at the schools.
- Continually developing a centralized resource filing system (color coded), that can be used and utilized by everyone as a nucleus where all unified and comprehensive data on voyaging can be located. *If any of you have any materials at home that you would like filed in the office please let us know. We'll be happy to add them to our resource center. Also any photos, slides, documentations, models of Hōkūle'a, well just "any kinds of stuffs" you might have on hand, we'll certainly welcome your sharing it with us.
- Assisting Jerry Muller with the PVS newsletter, since Jerry will be overwhelmed with homework assignments now that he's begun law school.
- Different media and marketing promotionals which are still bouncing around in the "alpha/delta" sphere of my subconscious.....soon they should surface.

I could go on ad infinitum, there are all kinds of activities that our PVS committees are and will be developing. The Education Committee hopes to have our Activity Resource Book, NA HANA HUAKA'I (The Voyaging Works), on the market before the end of the year. Cecilia Kapua Lindo has donated endless hours working to have the book completed as soon as possible.

The canoe committee will be scheduling inter-island voyages as soon as Hokule'a is ready to sail. Again Hōkūle'a will be used as a "floating classroom".

I don't want to burn your attention span out with our accomplishments..... enough is enough...for now....so before this turns into an elongated term paper or doctoral dissertation, may I end with.....

Let us all work together to make our Polynesian Voyaging Ohana an instrument of education and personal growth, helping to develop the new and initiate whatever can improve the quality of human existence making this a better world that is ready to be born.

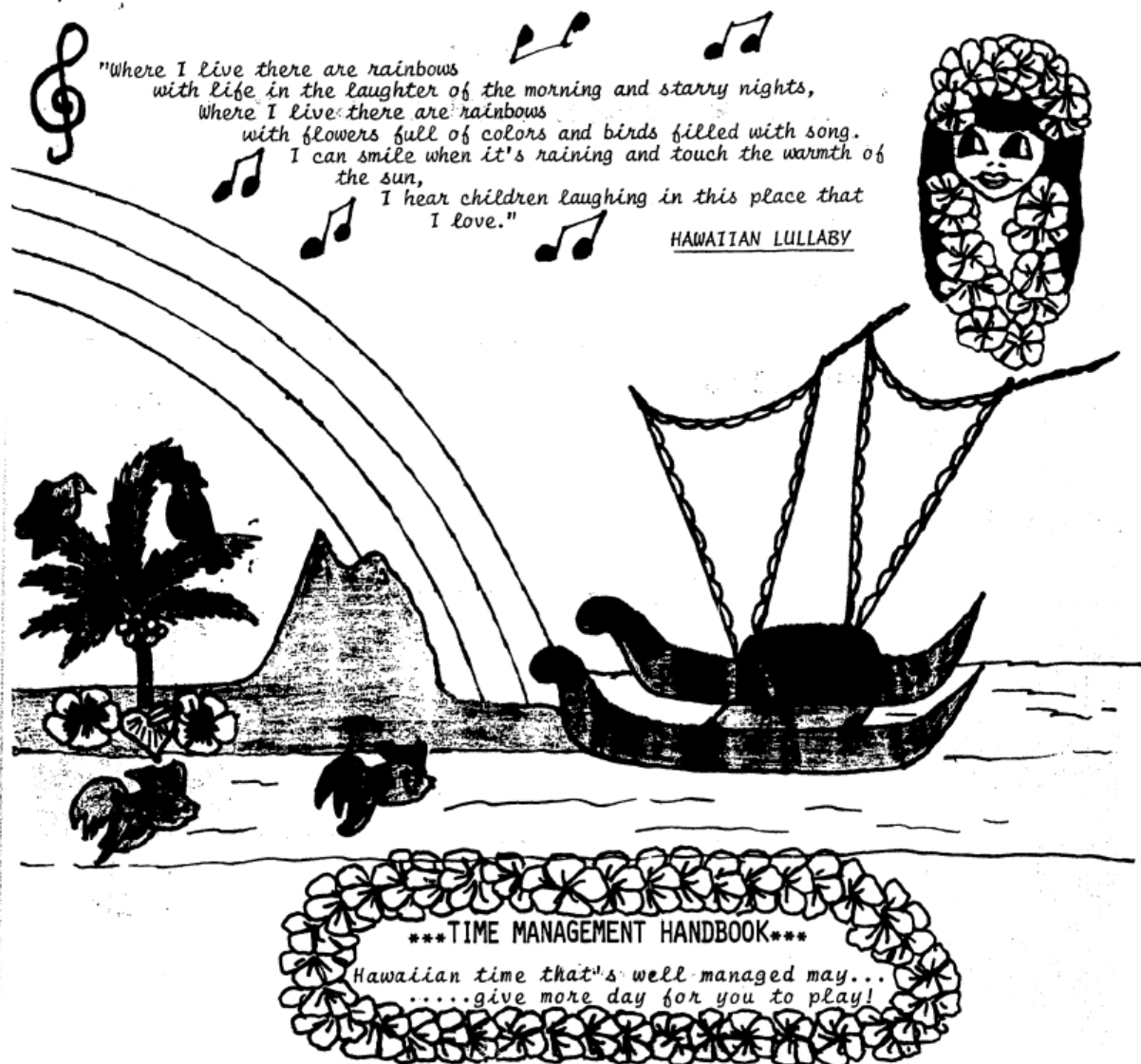
I wish you continued or renewed relationships with those persons who make up your universe, and I hope you can add new members to your circle of love. May your participation in our society enrich your experience of the miracle of life and widen your dimensions in the miracle of love.

Let us all nurture our potential and learn new and effective ways to make our Polynesian Voyaging Society a tremendous success! May your mana continue to shine as you voyage through life. Look up to heaven when you voyage and pay homage for the experience of life

aloha pumehana,

Wailani

Willene Wailani Bell
Education Coordinator



Created for the POLYNESIAN VOYAGING OHANA by Willene Wailani Bell.

SUMMER 1978

DEDICATED to HERB KANE, whos artistic genius gave birth to our esteemed seaworthy double-hulled canoe, HŌKŪLE'A.

CECILIA KAPUA LINDO, whos well-directed energy developed NA HANA HUAKA'I (THE VOYAGING WORKS), an activity resource book on Polynesian voyaging which is much needed for educators in the arena of Hawaiian Studies.

LEON PAOA STERLING, who dedicates his being to the refurbishing of HŌKŪLE'A, so she may sail once more.

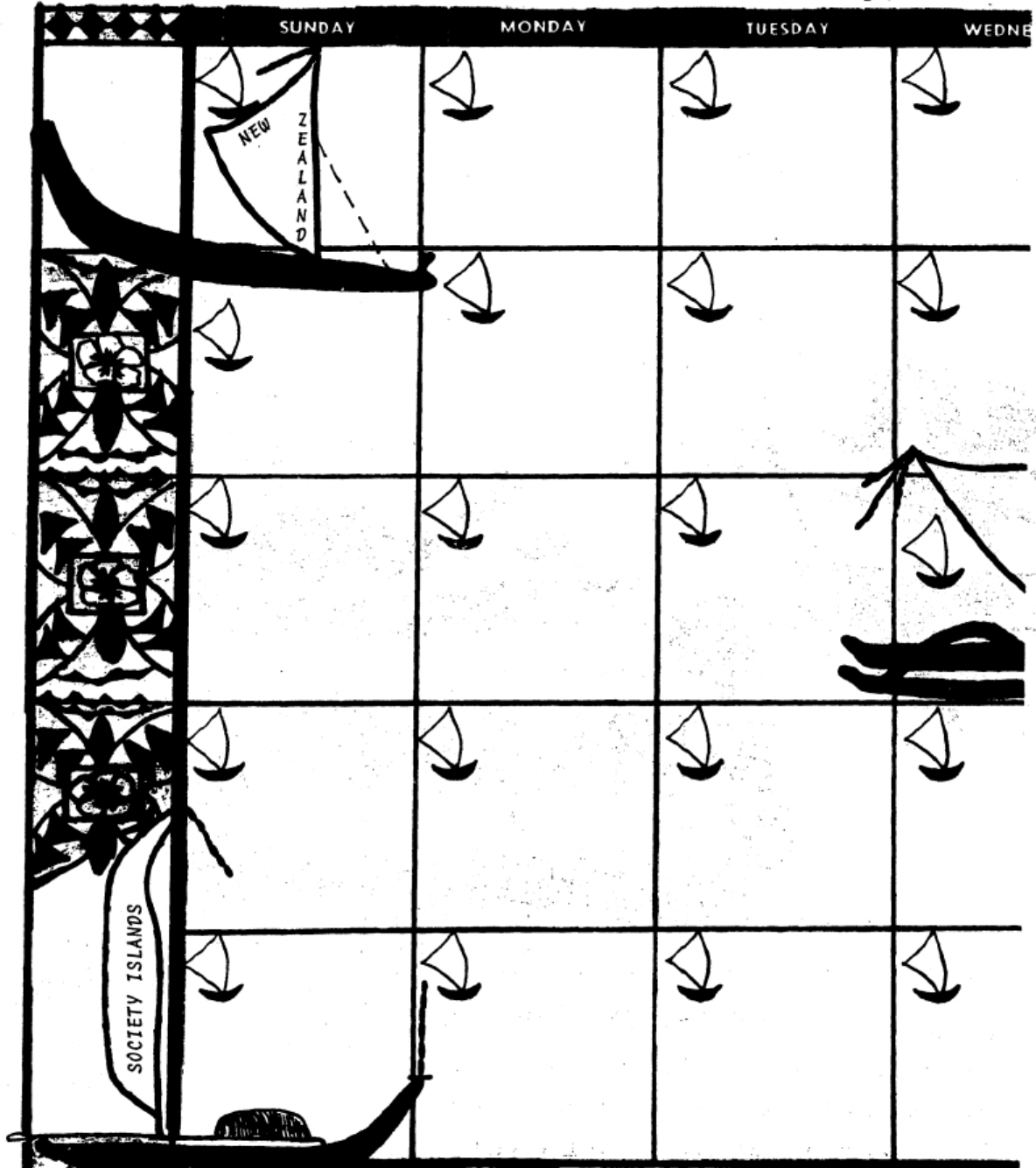
WILL KYSELKA and NAINOA THOMPSON, who both spend long hours charting the stars for future voyages.

THEY ARE MAGNIFICENT EXAMPLES OF TIME WELL MANAGED!
whos aloha keeps alive our society's existence.....

and to THE POLYNESIAN VOYAGING OHANA,

MAHALO!




















FOR THE MONTH



Created for the POLYNESIAN VOYAGING SOCIETY
by Willene Wailani Bell

Summer 1978

OF


SDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1ST THURSDAY OF THE MONTH...</p> <p>POLY Nesian VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		  <p>TONGA</p>
	 <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		
 <p>HAWAII</p>			
			
			  <p>MARQUESAS</p>






DOCUMENTS CAPTURED AS RECEIVED


HOW TO USE THIS TIME-MANAGEMENT PLAN

PURPOSE: to develop A SYSTEMATIC PATTERN FOR MANAGING YOUR TIME.
to be MORE EFFECTIVE; MORE ORGANIZED.
to have MORE TIME; MORE ENERGY; CLEARER THINKING.

FUNCTION: it keeps all mental notes CENTRALIZED IN ONE PLACE.
it is a reliable RESOURCE for fast accessible reference and planning.
memo → Use with 3 ring binder rather than folder, as it is more flexible because pages lie flat and margins aren't covered.

SPECIAL NOTES *  * **Change takes effort and you will find a tendency to resist change and rationalize for not making the effort. YOU HAVE A CHOICE and what you choose usually happens because you have chosen to make it happen and you put all your ENERGY into that direction. In at least one area of your life be INTENSE!*

- HOW TO USE:** DAILY PLAN YOUR DAYWORK YOUR PLAN pages.
- Step 1  Begin each day at sunrise filling out THINGS TO DO for the day. Jot them down SPONTANEOUSLY as they POP up in your head.
- Step 2  **PRIORITY** After you have completed all 35 items on THINGS TO DO, or less, go back and put them in rank according to their importance and the priority you would like to give each item. Rank them either numerically or alphabetically under column P.
- Step 3  **AGREEMENT** If you agreed with someone to do something, for example, to call them on the phone or to meet them for lunch, then put a checkmark after the item under column A.
- Step 4  **COMPLETED** At sunset, go back and check your THINGS TO DO, and if you did complete an item, then put a checkmark after the item in Column C.
- Step 5  **TRANSFERRED** If you did not complete an item, then put the date of when you hope to work on it again under the column T.

PVS SECTION:  Jot down any MEMOS or NOTES you would like to discuss with another PVS member(s) at a board meeting or on the phone. This helps you to keep from forgetting what it is you'd like to discuss at a later date.

NOTES TO MYSELF

NOTES

Write down anything that simultaneously comes into your mind during the day or evening. If you run out of space then write the notes on the back of the page. You will find if you don't write down these thoughts as they come into your mind, then you might forget them later on.

***** SECTION:



A good way of saving money is to take 10% of your gross earnings and put it away in your saving account. Treat it like a tax deduction and put it into your saving's account when you cash your check. Like a tax deduction you won't miss it or put it into your budget because it is a mandatory deduction therefore you don't count on it.

EFFECTIVE CHECKLIST



Do this once a week, preferably on a Saturday or Sunday. This helps to guide you in evaluating your behavior, goals and objectives from the previous week and in setting the tone and planning for your next week. Personal growth should develop from this exercise.

ANY QUESTIONS?????



CALL MAILANI..... GOOD LUCK WITH THIS HANDBOOK, IF YOU NEED MORE FORMS LET ME KNOW. ALSO LET ME KNOW HOW YOU LIKE IT AND IF YOU ARE FINDING RESULTS WITH IT.

PLAN OF ACTION



Let this worksheet be a CHALLENGE to COMPLETE each day. Work it with a partner or group; Sit down with others using it and DISCUSS innovative ideas on how to become more organized and effective. DEVELOP a PLAN OF ACTION which fits your own temperament and lifestyle. Put it into PRACTICE. Work the exercises each day. FOLLOW THROUGH on plans.

CREATIVE PROCESS



I. LEARN TO LISTEN. II. BECOME A "MASTER EXPLAINER" III. LEARN THE FACTS IV. HAVE A PLAN V. CONTINUE TO GROW.

*Created for the PVS
Willene Mailani, Bell*



***What I do each day is important because I am exchanging each day of my life for it!
Today will be the first day of my life, I should value it as though it were my last!

EFFECTIVENESS CHECKLIST

*To be done at the end of the present week before writing down the goals and objectives for the following week.

OBJECTIVES: PERSONAL.....to keep a balance between my mind, my body and my spirit.
SOCIAL.....to study, love and serve humanity as best as I can.
SPIRITUAL.....to develop my potential and experience growth.

<u>PERSONAL</u>	YES	NO	<u>SOCIAL</u>	YES	NO
kept an open mind	<input type="checkbox"/>	<input type="checkbox"/>	considered someone else's feelings	<input type="checkbox"/>	<input type="checkbox"/>
read a book on personal enrichment	<input type="checkbox"/>	<input type="checkbox"/>	made someone happy	<input type="checkbox"/>	<input type="checkbox"/>
made each day an exciting adventure	<input type="checkbox"/>	<input type="checkbox"/>	made someone laugh	<input type="checkbox"/>	<input type="checkbox"/>
made each day a delightful experience	<input type="checkbox"/>	<input type="checkbox"/>	inspired others	<input type="checkbox"/>	<input type="checkbox"/>
turned my time into an incredibly super day	<input type="checkbox"/>	<input type="checkbox"/>	helped others to feel good about themselves	<input type="checkbox"/>	<input type="checkbox"/>
shunned out negative thoughts and emotions	<input type="checkbox"/>	<input type="checkbox"/>	tried to encourage a good concept of self in others	<input type="checkbox"/>	<input type="checkbox"/>
dumped a bad habit	<input type="checkbox"/>	<input type="checkbox"/>	gave others the space to grow	<input type="checkbox"/>	<input type="checkbox"/>
practiced what I preached to others	<input type="checkbox"/>	<input type="checkbox"/>	acknowledged someone	<input type="checkbox"/>	<input type="checkbox"/>
overcame an obstacle in my direction	<input type="checkbox"/>	<input type="checkbox"/>	gave service to others	<input type="checkbox"/>	<input type="checkbox"/>
made rational decisions	<input type="checkbox"/>	<input type="checkbox"/>	made a new friend	<input type="checkbox"/>	<input type="checkbox"/>
worked on developing my skills and talents	<input type="checkbox"/>	<input type="checkbox"/>	did not make value judgements of others or on others	<input type="checkbox"/>	<input type="checkbox"/>
listened to good music or looked at a piece of art	<input type="checkbox"/>	<input type="checkbox"/>	kept commitments	<input type="checkbox"/>	<input type="checkbox"/>
worked on communication skills	<input type="checkbox"/>	<input type="checkbox"/>	kept all agreements	<input type="checkbox"/>	<input type="checkbox"/>
experienced personal growth	<input type="checkbox"/>	<input type="checkbox"/>	took the time to listen	<input type="checkbox"/>	<input type="checkbox"/>
made a contribution to myself	<input type="checkbox"/>	<input type="checkbox"/>	didn't lay my own trips on others	<input type="checkbox"/>	<input type="checkbox"/>
directed my energies into positive activities	<input type="checkbox"/>	<input type="checkbox"/>	worked on communication skills	<input type="checkbox"/>	<input type="checkbox"/>
<u>PHYSICAL</u>			gave love to others	<input type="checkbox"/>	<input type="checkbox"/>
exercised daily	<input type="checkbox"/>	<input type="checkbox"/>	gave someone a token of appreciation	<input type="checkbox"/>	<input type="checkbox"/>
ate a well balanced meal	<input type="checkbox"/>	<input type="checkbox"/>	made others feel lovable and capable	<input type="checkbox"/>	<input type="checkbox"/>
visualized good health	<input type="checkbox"/>	<input type="checkbox"/>			
tried to overcome hangups	<input type="checkbox"/>	<input type="checkbox"/>	<u>ORGANIZATIONAL</u>		
<u>SPIRITUAL</u>			set up weekly goals	<input type="checkbox"/>	<input type="checkbox"/>
thanked God for Life	<input type="checkbox"/>	<input type="checkbox"/>	planned days off	<input type="checkbox"/>	<input type="checkbox"/>
looked to God as my source	<input type="checkbox"/>	<input type="checkbox"/>	set up priorities	<input type="checkbox"/>	<input type="checkbox"/>
lived in the context of God and love	<input type="checkbox"/>	<input type="checkbox"/>	kept appointments on time	<input type="checkbox"/>	<input type="checkbox"/>
prayed for others	<input type="checkbox"/>	<input type="checkbox"/>	kept things organized	<input type="checkbox"/>	<input type="checkbox"/>
meditated and reflected	<input type="checkbox"/>	<input type="checkbox"/>	kept up with plans	<input type="checkbox"/>	<input type="checkbox"/>
recited positive affirmations	<input type="checkbox"/>	<input type="checkbox"/>	avoided procrastination	<input type="checkbox"/>	<input type="checkbox"/>
kept smiling	<input type="checkbox"/>	<input type="checkbox"/>	accomplished goals	<input type="checkbox"/>	<input type="checkbox"/>
practiced the "ohana" spirit	<input type="checkbox"/>	<input type="checkbox"/>	made my direction clear	<input type="checkbox"/>	<input type="checkbox"/>
nourished a hungry mind	<input type="checkbox"/>	<input type="checkbox"/>	followed up on my plans	<input type="checkbox"/>	<input type="checkbox"/>
watched the sun rise and set and thanked God for the gift of sight	<input type="checkbox"/>	<input type="checkbox"/>	<u>FINANCIAL</u>		
took time to appreciate the aesthetic beauty of nature	<input type="checkbox"/>	<input type="checkbox"/>	cleared up old debts	<input type="checkbox"/>	<input type="checkbox"/>
			balanced my check-book	<input type="checkbox"/>	<input type="checkbox"/>
			paid bills on time	<input type="checkbox"/>	<input type="checkbox"/>
			stayed within budget	<input type="checkbox"/>	<input type="checkbox"/>
			saved 10% of my gross income	<input type="checkbox"/>	<input type="checkbox"/>
			recorded income and expenses	<input type="checkbox"/>	<input type="checkbox"/>



FROM THE DESK OF WILLENE WAILANI BELL

POLYNESIAN VOYAGING SOCIETY

BOX 6037 / HONOLULU / HAWAII 96818 / (808) 841-3966
Evaluate effectiveness in setting next week's plans and goals. Give yourself a star for trying!

EFFECTIVENESS CHECKLIST -CONTINUED



Perfect SPEED
is to be there!
.....at the
next PVS Board
Meeting. 1st
Thursday of
each month.

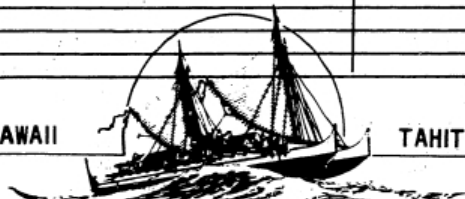
BUSINESS

	YES	NO
was efficient and effective	<input type="checkbox"/>	<input type="checkbox"/>
was productive	<input type="checkbox"/>	<input type="checkbox"/>
initiated constructive activities	<input type="checkbox"/>	<input type="checkbox"/>
cooperated with staff	<input type="checkbox"/>	<input type="checkbox"/>
showed enthusiasm and interest	<input type="checkbox"/>	<input type="checkbox"/>
practiced good business ethics	<input type="checkbox"/>	<input type="checkbox"/>
returned phone calls	<input type="checkbox"/>	<input type="checkbox"/>
kept up with work load	<input type="checkbox"/>	<input type="checkbox"/>
cleaned up unfinished business	<input type="checkbox"/>	<input type="checkbox"/>
caught up on correspondence	<input type="checkbox"/>	<input type="checkbox"/>
kept all appointments on time	<input type="checkbox"/>	<input type="checkbox"/>
kept up with goals and objectives	<input type="checkbox"/>	<input type="checkbox"/>
tried to develop innovative ideas to make work load much lighter for staff	<input type="checkbox"/>	<input type="checkbox"/>
made others feel lovable and capable	<input type="checkbox"/>	<input type="checkbox"/>
served others	<input type="checkbox"/>	<input type="checkbox"/>

*** PLANS FOR THE WEEK ***

OBJECTIVES, GOALS, PROJECTS, THINGS TO DO, ETC...	COMMENTS	COMPLETED
		YES NO
1.		<input type="checkbox"/> <input type="checkbox"/>
2.		<input type="checkbox"/> <input type="checkbox"/>
3.		<input type="checkbox"/> <input type="checkbox"/>
4.		<input type="checkbox"/> <input type="checkbox"/>
5.		<input type="checkbox"/> <input type="checkbox"/>
6.		<input type="checkbox"/> <input type="checkbox"/>
7.		<input type="checkbox"/> <input type="checkbox"/>
8.		<input type="checkbox"/> <input type="checkbox"/>
9.		<input type="checkbox"/> <input type="checkbox"/>
10.		<input type="checkbox"/> <input type="checkbox"/>
11.		<input type="checkbox"/> <input type="checkbox"/>
12.		<input type="checkbox"/> <input type="checkbox"/>
13.		<input type="checkbox"/> <input type="checkbox"/>
14.		<input type="checkbox"/> <input type="checkbox"/>
15.		<input type="checkbox"/> <input type="checkbox"/>
16.		<input type="checkbox"/> <input type="checkbox"/>
17.		<input type="checkbox"/> <input type="checkbox"/>
18.		<input type="checkbox"/> <input type="checkbox"/>
19.		<input type="checkbox"/> <input type="checkbox"/>
20.		<input type="checkbox"/> <input type="checkbox"/>

HAWAII



TAHITI

CREATED FOR THE PVS BY
Willene Wailani Bell

BICENTENNIAL VOYAGE OF REDISCOVERY
Summer 1978 HOE AKU I KA WA'A

WEEKLY PLAN SHEET

WEEK OF _____

WEEKDAY PLANS

HOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING					
7:00					
7:30					
8:00					
8:30					
9:00					
9:30					
10:00					
10:30					
11:00					
11:30					
12:00 - 1:00 LUNCH HOUR					
AFTERNOON					
1:30					
2:00					
2:30					
3:00					
3:30					
4:00					
4:30					
5:00					
5:30					
EVENING					
6:00					
6:30					
7:00					
7:30					
8:00					
8:30					
9:00					
9:30					
10:00					
10:30					

WEEKEND PLANS

SATURDAY

SUNDAY

 YESTERDAY is a canceled check..TOMORROW is a promissary note..TODAY is cash.. Spend well the
 NOW MOMENT



From the desk of Willene Wailani Bell