



"Where I live there are rainbows  
with life in the laughter of the morning and starry nights,  
Where I live there are rainbows  
with flowers full of colors and birds filled with song.  
I can smile when it's raining and touch the warmth of  
the sun,  
I hear children laughing in this place that  
I love."

HAWAIIAN LULLABY



\*\*\* TIME MANAGEMENT HANDBOOK \*\*\*

Hawaiian time that's well managed may...  
.....give more day for you to play!

Created for the POLYNESIAN VOYAGING OHANA by Willene Wailani Bell.

SUMMER 1978

DEDICATED to HERB KANE, whos artistic genius gave birth to our esteemed seaworthy double-hulled canoe, HŌKŪLE'A.

CECILIA KAPUA LINDO, whos well-directed energy developed NA HANA HUAKA'I (THE VOYAGING WORKS), an activity resource book on Polynesian voyaging which is much needed for educators in the arena of Hawaiian Studies.

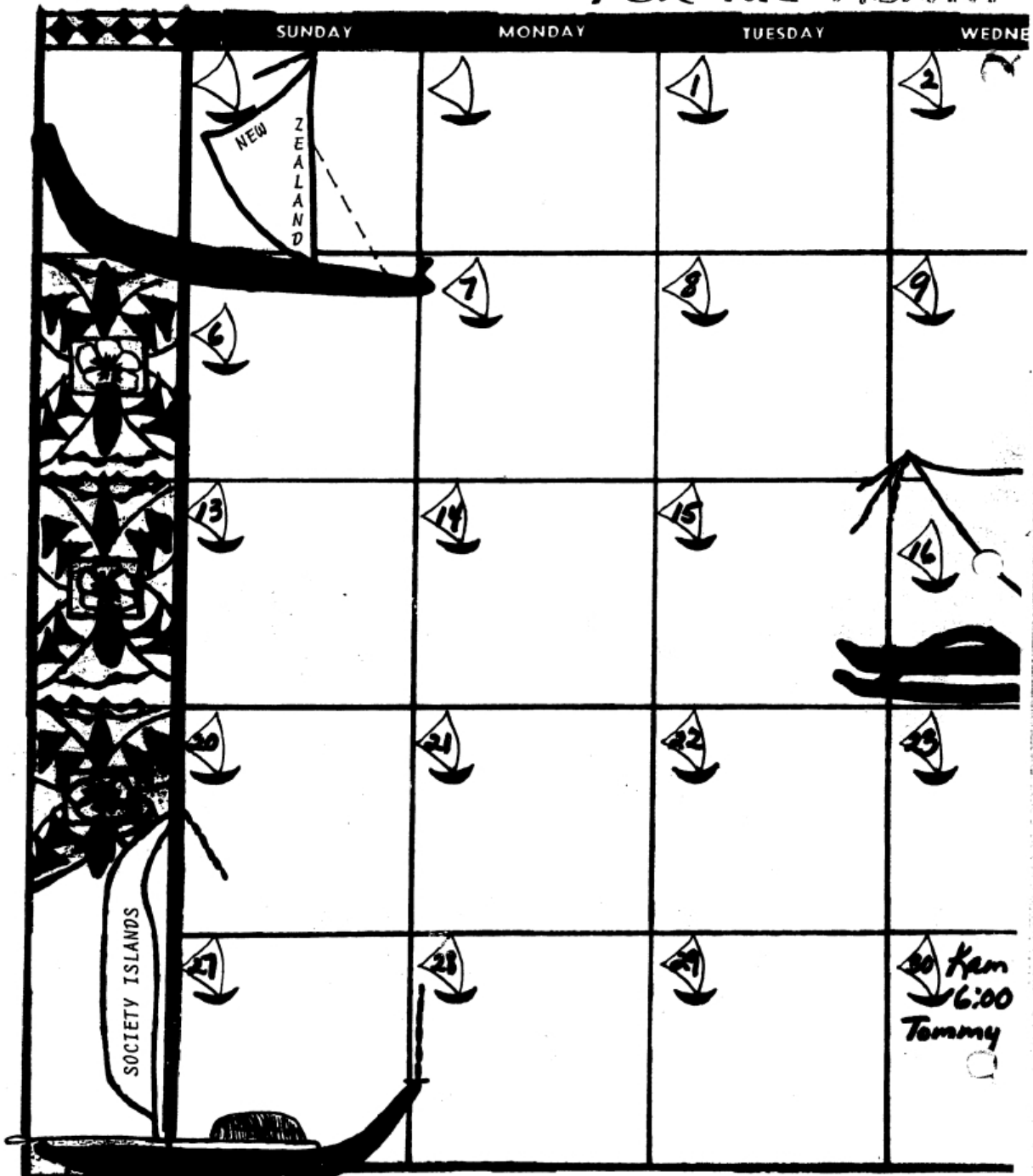
LEON PAOA STERLING, who dedicates his being to the refurbishing of HŌKŪLE'A, so she may sail once more.

WILL KYSELKA and NAINOA THOMPSON, who both spend long hours charting the stars for future voyages.

THEY ARE MAGNIFICENT EXAMPLES OF TIME WELL MANAGED!

and to THE POLYNESIAN VOYAGING OHANA, whos aloha keeps alive our society's existence.....MAHALO!




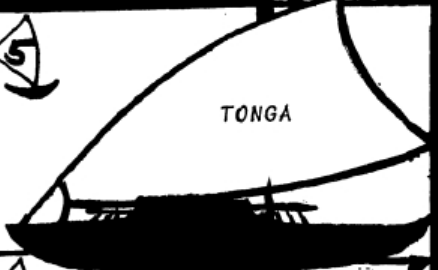














# FOR THE MONTH



Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978

# OF August, 1978

SDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1ST THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		 
	 <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		 
			
	 <p>Hoi'ke Kauhala He'eia State Park Book Display 5:30 - 7:30 pm.</p>		
<p>School Holmes</p>			

## HOW TO USE THIS TIME-MANAGEMENT PLAN

Created for the PVS  
by Wilrene Wallant, Bell

**PURPOSE:** to develop A SYSTEMATIC PATTERN FOR MANAGING YOUR TIME.  
to be MORE EFFECTIVE; MORE ORGANIZED  
to have MORE TIME; MORE ENERGY; CLEARER THINKING.

**FUNCTION:** it keeps all mental notes CENTRALIZED IN ONE PLACE.  
it is a reliable RESOURCE for fast accessible reference and planning.  
memo Use with 3 ring binder rather than folder, as it is more flexible because pages lie flat and margins aren't covered.

**SPECIAL NOTES** \*Change takes effort and you will find a tendency to resist change and rationalize for not making the effort. YOU HAVE A CHOICE and what you choose usually happens because you have chosen to make it happen and you put all your ENERGY into that direction. In at least one area of your life be INTENSE!

**HOW TO USE:**  
**Step 1** DAILY PLAN YOUR DAY .....WORK YOUR PLAN pages.  
Begin each day at sunrise filling out THINGS TO DO for the day. Jot them down SPONTANEOUSLY as they pop up in your head.  
**Step 2** **PRIORITY** After you have completed all 15 items on THINGS TO DO, or less, go back  
Column P and put them in rank according to their importance and the priority you would like to give each item. Rank them either numerically or alphabetically under column P.  
**Step 3** **AGREEMENT** If you agreed with someone to do something, for example, to call them on  
Column A the phone or to meet them for lunch, then put a checkmark after the item under column A.  
**Step 4** **COMPLETED** At sunset, go back and check your THINGS TO DO, and if you did complete  
Column C an item, then put a checkmark after the item in Column C.  
**Step 5** **TRANSFERRED** If you did not complete an item, then put the date of when you hope to  
Column T work on it again under the column T.

**PVS SECTION:** Jot down any MEMOS or NOTES you would like to discuss with another PVS member(s) at a board meeting or on the phone. This helps you to keep from forgetting what it is you'd like to discuss at a later date.

**NOTES TO MYSELF** Write down anything that simultaneously comes into your mind during the day or evening. If you run out of space then write the notes on the back of the page. You will find if you don't write down these thoughts as they come into your mind, then you might forget them later on.

**\*\*\*\*\* SECTION:** A good way of saving money is to take 10% of your gross earnings and put it away in your saving account. Treat it like a tax deduction and put it into your saving's account when you cash your check. Like a tax deduction you won't miss it or put it into your budget because it is a mandatory deduction therefore you don't count on it.

**EFFECTIVE CHECKLIST** Do this once a week, preferably on a Saturday or Sunday. This helps to guide you in evaluating your behavior, goals and objectives from the previous week and in setting the tone and planning for your next week. Personal growth should develop from this exercise.


























**ANY QUESTIONS?????** CALL WAILANT..... GOOD LUCK WITH THIS HANDBOOK.  
IF YOU NEED MORE FORMS LET ME KNOW. ALSO LET ME KNOW HOW YOU LIKE IT AND IF YOU ARE FINDING RESULTS WITH IT.

**PLAN OF ACTION** Let this worksheet be a CHALLENGE to COMPLETE each day. Work it with a partner or group. Sit down with others using it and DISCUSS innovative ideas on how to become more organized and effective. DEVELOP a PLAN OF ACTION which fits your own temperament and lifestyle. Put it into PRACTICE. Work the exercises each day. FOLLOW THROUGH on plans.

**CREATIVE PROCESS** I. LEARN TO LISTEN. II. BECOME A "MASTER EXPLAINER" III. LEARN THE FACTS IV. HAVE A PLAN V. CONTINUE TO GROW.






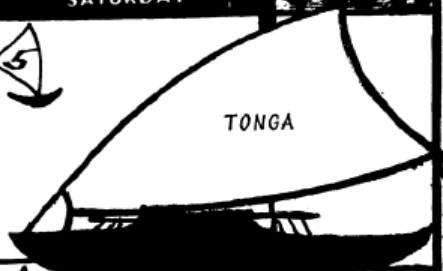












# FOR THE MONTH OF AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 NEW ZEALAND  Marken's Birthday				 Happy Birthday POLYNESIAN
 Filing - Kapua & Nani 2-5 Dinner - Kapua's home.				 6:00 ALU LII
 Leon's Birthday 3 ring circus 7pm - HK	 Danced at Cora's	 Dined	 Big Sister Danced at Cora's	
	 Danced at Cora's.	 Danced at Bruce Kople's home		 He's Back 5:30
 Kealoha Kalama's piece	 <del>Danced</del>			

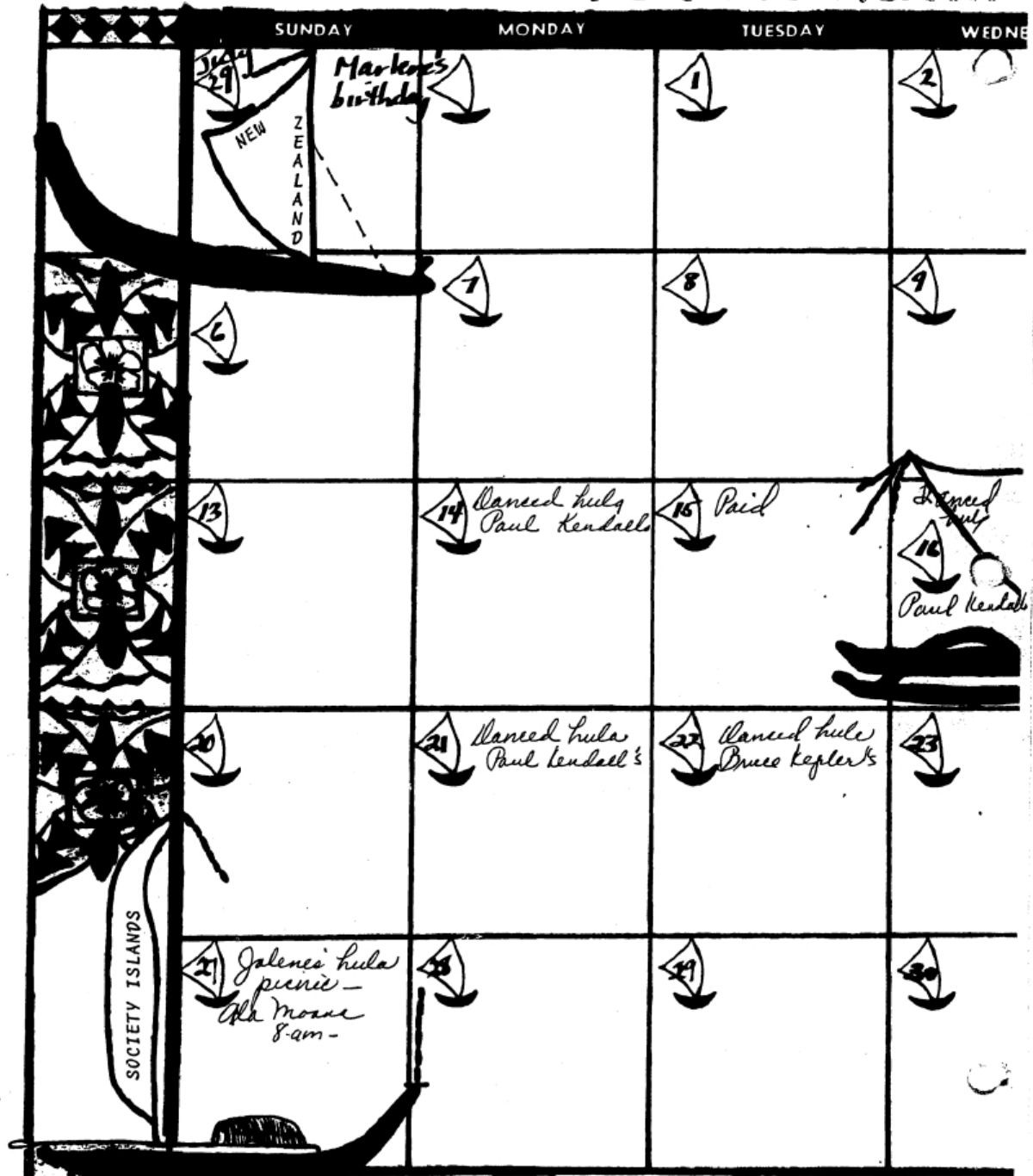
Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978

# OF AUGUST, 1978

DAY	THURSDAY	FRIDAY	SATURDAY
	<p>3  1st THURSDAY OF THE MONTH...</p> <p><i>Happy Birthday</i></p> <p>OLYMPIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>	<p>4  Birthday Lunch—Hannah—</p>	<p>5   TONGA</p>
	<p>10  11  Cecilia's Mark's Lunch at Horatio's Leon's surprise birthday party.</p>	<p>12  Made Hokule'a, Collage!</p>	
	<p>17 </p>	<p>18 </p>	
	<p>24  Heike Kowale Heike's State Park Book display 11:30 - 2:30 p.m.</p>	<p>25 </p>	
	<p>31 </p>	<p></p>	
			<p>26  Ramona's for dinner at Lord-Library Hank - lunch</p> <p> MARQUESAS</p>

# FOR THE MONTH



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by Willene Wailani Bell

Summer 1978

# OF August, 1978


























SDAY	THURSDAY	FRIDAY	SATURDAY
	<p>3 1st THURSDAY OF THE MONTH...</p> <p>Happy Birthday -</p> <p>POYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M.</p> <p>ALU LIKE BOARD ROOM</p>	<p>4</p>	<p>5</p> <p>TONGA</p>
	<p>10</p>	<p>11 Leon's Surprise birthday party Cecilie + Harkne Lunch at Horafus.</p>	<p>12</p>
<p>HAWAII</p>	<p>17</p>	<p>18</p>	<p>19</p>
	<p>24 Hoike Kaunela He'eia State Park Book display 5:30 - 7:30 p.m.</p>	<p>25 Pay Day</p>	<p>26</p>
<p>Kam School Kam School 6:00 PM Pot Luck</p>	<p>31 World Book CC. Ala Moana Hotel Key People kick Danceh hula - Paul Kendall</p>		<p>MARQUESAS</p>

Line 14/172.

SDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1st THURSDAY OF THE MONTH...</p> <p>POLYNESIA VOYAGING SOCIETY MEETING</p> <p>6:00 P.M.</p> <p>ALU LIKE BOARD ROOM</p> <p>Ala Moana Hotel</p> <p>World Bank B.C.</p>		<p>TONGA</p>
	<p>7</p> <p>6:00 P.M.</p> <p>ALU LIKE BOARD ROOM</p> <p>Ala Moana Hotel</p> <p>World Bank B.C.</p>	<p>8</p> <p>Black Jensen Show.</p>	<p>9</p> <p>Library - Dr. Lord</p>
<p>HAWAII</p> <p>Dance</p> <p>Brewer</p> <p>Kyle</p> <p>250</p>	<p>14</p> <p>Meeting w/ Neil Hannahs</p> <p>3:30 - 4am</p> <p>Dance - Paul Tenhelle</p> <p>250</p>	<p>15</p> <p>Cheminale</p> <p>Symposium</p> <p>Reception for President</p> <p>Canon Club -</p> <p>3:30 - 8:30</p>	<p>16</p> <p>Kam - St. Louis</p> <p>football game</p> <p>Kam work</p>
	<p>21</p> <p>Docent Program</p> <p>Bishop Museum</p>	<p>22</p>	<p>23</p>
<p>Roosevelt High Sch.</p> <p>Wants film</p> <p>45 minutes</p> <p>Wants speaker also.</p> <p>Film to keep</p> <p>Will 4.</p>	<p>28</p> <p>9:00 - 11:30</p> <p>Docent Program</p> <p>Bishop Museum</p> <p>Bring tape recorder</p> <p>Read: The Shoal of Time</p> <p>Meet Howard at 1:00</p>	<p>29</p>	<p>30</p> <p>Marakehi Celebrations</p> <p>MARQUESAS</p>

# FOR THE MONTH

















OF SEPT

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	 NEW ZEALAND				
				 OFFICE OPEN HOUSE 4-6pm	 NAVIGATION COURSE KAH 7pm
	 Pick up pay checks.		 Luncheon Bishop Museum	 Caroleene Inaba Kam 8:15	 NAVIGATION COURSE A 2nd 7pm
					 NAVIGATION COURSE 7pm
		 Pick up pay checks.			 NAVIGATION COURSE 7pm

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by Willene Wailani Bell

Summer 1978





















# OF SEPTEMBER, 1978

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1<sup>ST</sup> THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		  <p>TONGA</p>
<p>NAVIGATION COURSE</p> <p>KAM SEN 7pm</p>			
<p>Navigation H. Course w/ 7th Hula School</p>	 <p>Meeting w/ Neil Hannahs V.P. Kam School</p> <p>Hula - Paul Kendalls</p>	 <p>Drop off time sheets</p> <p>Peter Goodbody Palama Inter-Group Council Exhibit 10:00 - conference exhibit on Nov. 4 - Saturday</p>	 <p>Cayline Lisher - Big Sister</p> <p>Will pick up Jolene for Kallahan at office - 9:00 a.m. Will be back at 2:00 8:21:00</p>
<p>Navigation Course 7pm</p>	 <p>10:00 a.m. - Bishop Museum</p> <p>Classes at Bishop Museum 12 weeks 9-12</p>		 <p>Leis Birthday Party</p>
<p>Navigation Course 7pm</p>	 <p>10:00 a.m. Bishop Museum</p>	 <p>Drop off time sheets</p>	 <p>EXHIBIT</p> <p>MARQUESAS</p> <p>Halohi Celebration Kualoa 89.m -</p>

Leon Tues \$10.00  
 Markers " \$10.00

Project Can Or No Can =

# FOR THE MONTH

	SUNDAY	MONDAY	TUESDAY	WEDNE
				
				
		 Meeting w/ Leon Set up plans for workshop. Request (off) — New illustrations S.W.C.F. Stars. END OF 140. Target date	 Coordinate non-instrument	 Navigation Courses
				 Navigation Courses
				 Navigation Courses

Paul Wind, waves, currents, food.  
 Star

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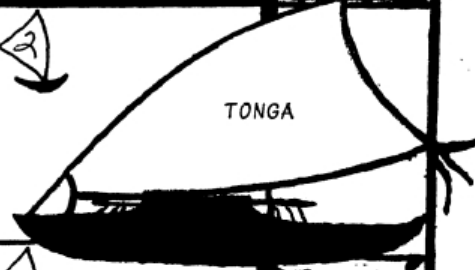














Summer 1978



OF SEPTEMBER 1978

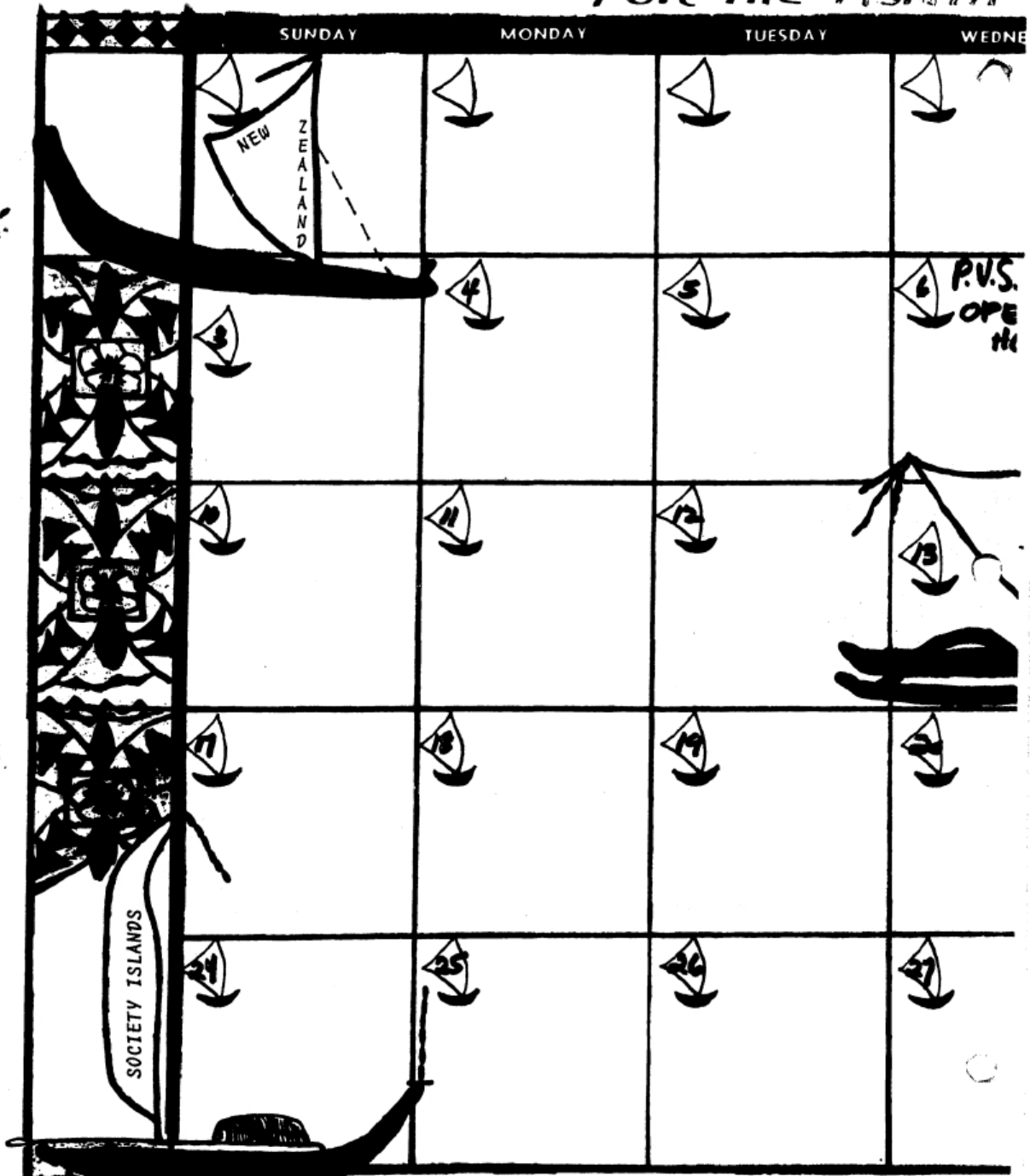
{Money A.G.}

~ Waelani's copy ~

SDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1ST THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		 
			
 <p>Hawaiian at Kanaka School</p>	 <p>Meeting Kam Sibb. 3:30</p>	 <p>Meeting Friday VS 6:00</p>	
			
			 

Why? Update - Presentation Materials Haw: WORK + POSITIVE THINKER




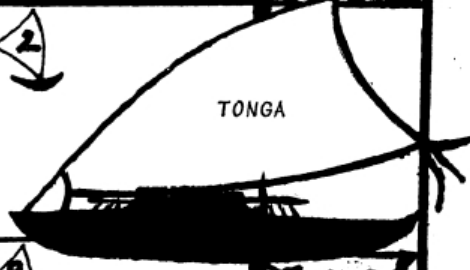














# FOR THE MONTH























Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978

# OF September, 1978

SDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1<sup>ST</sup> THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>		 
<p>office IN HOUSE</p> 			
			
			 <p>Kualoa Park Exhibit 8:00 a.m. Hakahiki Celebration</p>
			 

# FOR THE MONTH

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	 NEW ZEALAND			
	 3 Sailing to Pinnel at Marlenei, Pal-Lock.	 4	 5	 6 Open House Navigation Course 6 pm
	 10 Jolene - Visit Jwl beg sister	 11	 12 Bishop Museum Res. Board 10:30 a.m. - Lau of Savaiian Hall 11:30 a.m. - Luncheon Program Bishop Museum	 13 Kamaka Presentation 7:30 pm
	 17 Jugal - Breakfast at Victoria Inn. Leimano; Sterling Mormon	 18 Renech at Corral.	 19	 20 AMFAC BIOG. 7 pm Dr. Lord. Kam open House
	 24	 25 (19:20)	 26 9:30 - Enrichment Program Australian Aboriginal Art Lecture	 27

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Summer 1978

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
1 NEW ZEALAND	2	3	4
8	9	10	11
15	16 Solani Palace Tour 9 a.m. — No cent. Course	17	18
SOCIETY ISLANDS			


























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Summer 1978

OF October, 1978

SDAY	THURSDAY	FRIDAY	SATURDAY
	<p>5</p> <p>1st THURSDAY OF THE MONTH...</p> <p>Classes at Bishop Museum</p> <p>POVAGS MEETING</p>	<p>6</p>	<p>7</p> <p>TONGA</p>
	<p>12</p> <p>Classes at 6:00 P.M.</p> <p>ALU LIKE BOARD ROOM Bishop Museum</p>	<p>13</p> <p>Loosewell High School</p>	<p>14</p>
<p>HAWAII</p>	<p>19</p> <p>Coast Guard Luncheon</p> <p>PVS Meeting</p>		
			<p>MARQUESAS</p>


















# FOR THE MONTH OF OCTOBER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	 NEW ZEALAND		 Started Marlene and crew overdue - 13 miles off Agena Point.	 Kua loo 7:30 Navigation Course	 Bishop Hustle 9-12 B
		 Holiday	 *Marlene returning.	 Hongwey Kapua's class 9:30- Navigation Course	 Bishop B 6:1 ALU LTI
		 Lohai Palace Decent Louie Film Producer order color photo		 HAWAII 7:30-8:30 PVS Leon Bishop	 Sog K Od PVS Leon Bishop
	 American Banker's Ass. Hittin the Village 7:30-8:30	 Dance at Cece's 7:30-8:30	 7:30-8:30	 Kaula Hi-leaf	 Bishop B.
			 Kaula High 1-3pm		

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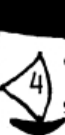





















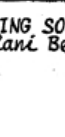

Summer 1978

# OF OCTOBER, 1978

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 1st THURSDAY OF THE MONTH...  Bishop Museum 9-12  VOYAGING SOCIETY MEETING  Bishop Museum 9-12  6:00 P.M. ALU LIKE BOARD ROOM	 Roosevelt High School 8:20-2:15	 Fashion Fantasy Leon going to H.A.C. TONGA
	 Summit Restaurant- Officer's Club PVS meeting 11:30 Leon  Bishop Museum 9-12		
	 Bishop Museum 9-12	 Honolulu Community College 12:30 - 1:25 p.m. call Dan O'Brien 422-4720	
			 MARQUESAS




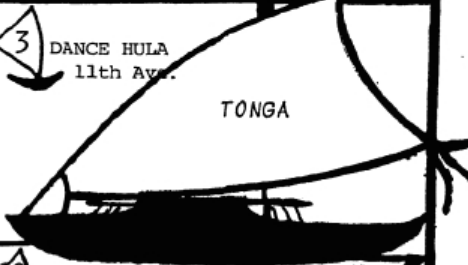













# FOR THE MONTH OF FEBRUARY 1

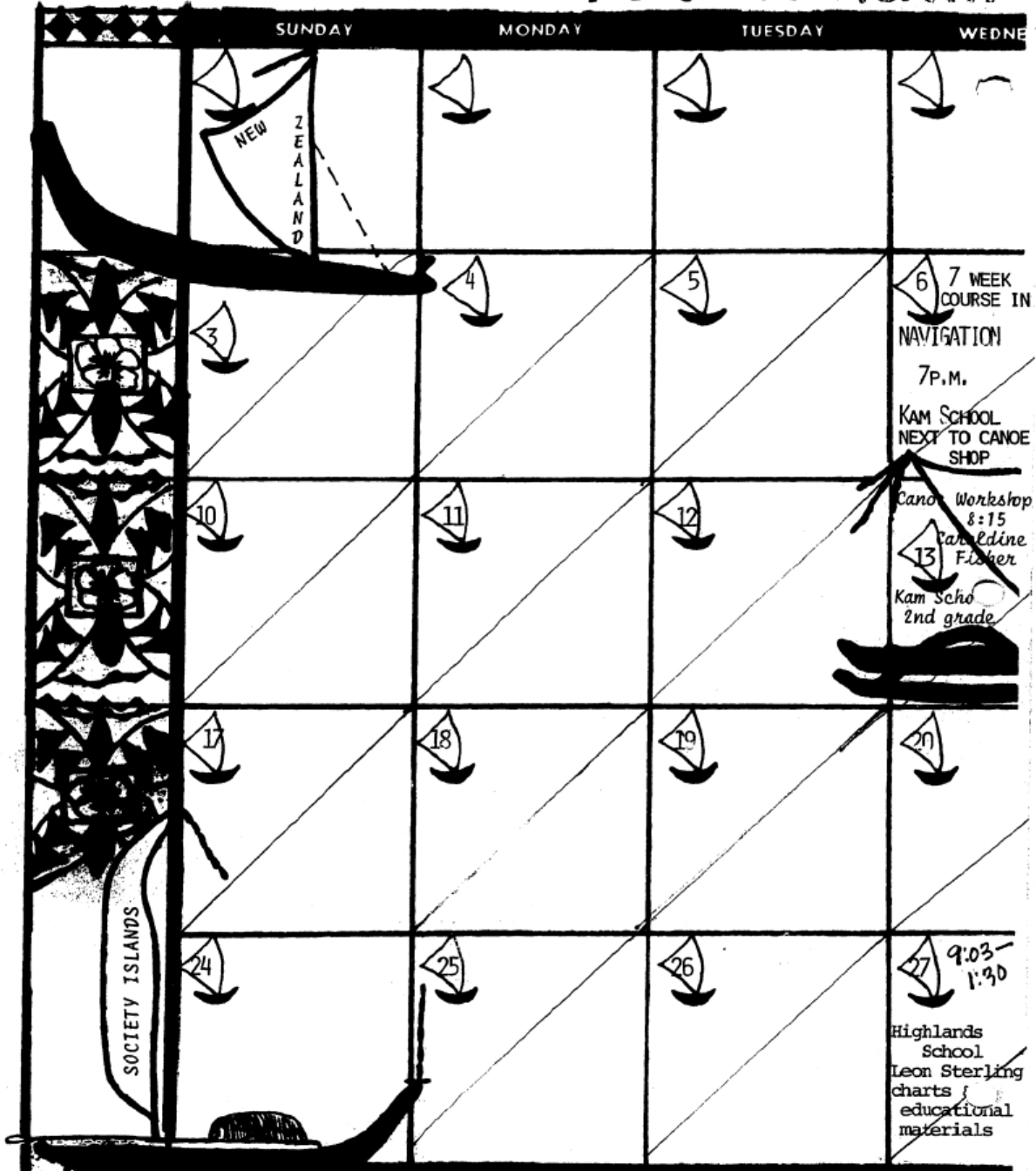
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 <p>NEW ZEALAND</p>				 <p>1st T</p> <p>POLYNESIAN VOYAGING</p>
 <p>4 CANOE ORIENTATION Pier 12 9:30 a.m.</p>	 <p>5 Committee Heads Meeting Kamehameha Schools 3:30 p.m. DANCE HULA - Cora's \$17.33 Send thank you letters out..Carolaine, Lehua, Kawika, Leon</p>	 <p>6 Hana Hauoli Presentation w/ Tommy Holmes Audrey Oi meeting w/Leon 9:00 U.H. Curriculum Developer Hawai'i Multi-Culture Awareness Project Nuuuanu DANCE HULA - \$20.00 Jalene \$5.00</p>	 <p>7 Planning Committee 8:30 a.m. Deadline to mail Hawai'i District Office Exhibit fee - \$11.00 *see Gordon P. for check Write to S &amp; A School Products.</p>	 <p>8</p> <p>6:00 I ALU LIKE I 'Ohana - 7:1 Take report</p>
 <p>18</p>	 <p>12</p> <p>HOLIDAY State Teacher's Association Institute Day Committee H.I.C. Exhibit Hall 777 Ward Ave. 8:30-1:30</p>	 <p>13</p>	 <p>14</p>	 <p>15</p>
 <p>25</p>	 <p>19</p>	 <p>20</p>	 <p>21</p>	 <p>22</p>
 <p>25</p>	 <p>26</p>	 <p>27</p>	 <p>28 KONA EXHIBIT Konawaena High School - Kona 12:30-4 p.m.</p>	

DOCUMENTS CAPTURED AS RECEIVED

OF FEBRUARY, 1979

	THURSDAY	FRIDAY	SATURDAY
	 <p>1st THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING.</p> <p>6:00 P.M. ALU LIKE BOARD ROOM 'Ohana - 7:00 p.m. Take report file</p>	 <p>SUNSET BEACH PRESENTATION 59-360 Kam Hwy 12:30 - 2:00 p.m. Slides, launching film and speaker. (M. Merseareau) *See Carnation Correa</p>	 <p>DANCE HULA 11th Ave.</p>  <p>TONGA</p>
<p>11 Hawai'i ce Exhibit</p> <p>P. for check School</p>  <p>HAWAII</p>	 <p>8</p> <p>6:00 P.M. ALU LIKE BOARD ROOM 'Ohana - 7:00 p.m. Take report file</p>	 <p>9</p> <p>TENTATIVE Bob Liljestrand's parent's home Film on Grand Canyon Slide presentation by Education Coordinator 6:30 p.m.</p> <p>Meet w/Mrs. Hacskaylo - Maile Director of Marine Programs Waianae Hawaiian Heritage Cultural Center</p>	 <p>10</p> <p>Happy Birthday Jalene</p> <p>Paradise Park - lunch Spaghetti Factory - dinner</p>
	 <p>15</p>	 <p>16</p>	 <p>17</p>
	 <p>22</p>	 <p>23</p>	 <p>24</p>
			 <p>MARQUESAS</p>

# FOR THE MONTH




















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Summer 1978

OF

SEPTEMBER, 1978

SDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1ST THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M.</p> <p>ALO LIKE BOARD ROOM</p>		  <p>TONGA</p>
<p>OFFICE OPEN HOUSE 2-4 P.M.</p> <p>PRESS</p>			
 <p>HAWAII</p>			
			
	 <p>28 Kailua Intermediate 1:30 — Billie Pihana'ai's class 7th gr. Slide presentation</p>		 <p>Marlene going to Kaita'i.</p> <p>MARQUESAS</p> <p>MAKAHI CELEBRATION KUALOA PARK EXHIBIT 8 A.M.</p>



PLAN YOUR DAY.....WORK YOUR PLAN!

)...things to do.....effective checklists....

DAY OF THE WEEK:

THINGS TO DO TODAY

**SUNRISE**

P | A | C | T

\*\*\*\*\*  
COMMENTS: SUNSET

P = priority {rank numerically}

A = agreement {put X}

C = completed {put check mark}

T = transfer {put date}

\*\*\*NOTES TO MYSELF\*\*\*

creative ideas....quotes....comments....acknowledgements...things to remember...shopping  
lists....financial transactions....phone calls....and other miscellaneous.....  
{Write extra notes on back of paper}

10% of gross earnings to be saved today: \$

COUNT THE DAY LOST.....WHOSE LOW  
DESCENDING SUN.....FINDS THAT  
THINGS TO DO TODAY HAVE NOT BEEN DONE!  
no one.

NOTES FOR...

MEMOS TO GIVE TO  
EDUCATION COORDINATOR  
Wailani Bell

# POLYNESIAN VOYAGING SOCIETY

Box 6037 • Honolulu / Hawaii 96818

CALL

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XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX
INNOVATIVE AND CREATIVE IDEAS...SUGGESTIONS.....
.....CONSTRUCTIVE COMMENTS.....PROJECTS.....
      notes for next meeting...1st THURSDAY
                                of each month

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May TODAY continue to be  
an EXCITING EXPERIENCE  
and GRAND ADVENTURE!

Let the GOOD  
TIMES roll!

Be  
Happy!

HAWAIIAN ISLANDS

SOCIETY ISLANDS

TUAMOTU ISLANDS











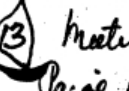






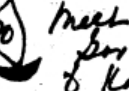







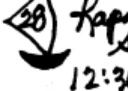




MARQUESAS

PATH TO TAHITI

MOST  
PRODUCTIVE  
ACCOMPLISHMENT  
ACHIEVED  
TODAY !

# FOR THE MONTH

OF NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
   Moanalua Gardens Foundation Brunch — Kapapa		 HOLIDAY Dr. Pellow 2pm Dr. Carty 3:15pm	 Big Sisters' Chicken Dinner	 docent 9-11 dance Paul	 docent 9-11 ALU L Hunt	 docent 9-11 ALU L Hunt
	 Meeting w/ Paige Parker 3p.m. See Ballroom w/ Maile & Mike.		 Castle High School Presentation Punahoa School	 docent 9-11 ALU L Hunt	 docent 9-11 ALU L Hunt	 docent 9-11 ALU L Hunt
	 Meet w/ Gordon & Kapapa			 Than no docent	 Than no docent	 Than no docent
 SOCIETY ISLANDS	 (P)	 Kapalama School 12:30-1:20 Jerri Satohashi 30 min. film	 Decorate Ballroom ANNUAL PVS MEMBERSHIP MEETING Hyatt Regency Hotel 16-7:30 cocktails 7:30-10:00 meeting	 docent 9-11 ALU L Hunt	 docent 9-11 ALU L Hunt	 docent 9-11 ALU L Hunt

Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978





















# OF NOVEMBER, 1978

SDAY	THURSDAY	FRIDAY	SATURDAY
	<p>2 1ST THURSDAY</p> <p>Docent Training</p> <p>9-11:30 MONTH 1..</p> <p>Danced hula - Paul Kendall's home</p>	<p>3</p>	<p>4 Ho'ike Celebration</p> <p>1 p.m. - 7 p.m. TONGA</p>
<p>isteri' (w) ner</p>	<p>9 AGING SOCIETY MEETING</p> <p>Docent Training</p> <p>9-11:30 6:00 P.M.</p> <p>ALU LIKE BOARD ROOM</p> <p>Meet w/ Paip Barber 3 p.m.</p>	<p>10 HOLIDAY</p>	<p>11 Lunch w/ Carol Outrigger Canoe Club.</p>
<p>HAWAIIAN 10:30</p>	<p>16 Docent Training 9-11:30 or</p> <p>Stuff envelopes</p> <p>Mililani Elem Sch. presentation</p> <p>Lele Beamer</p>	<p>17 Huna Seminar</p> <p>Meet w/ Kepua 6 p.m.</p> <p>Dinner ↑ or</p> <p>Kimo's - KCCN</p>	<p>18 Ti leaf demonstration</p> <p>Big Sisters</p> <p>Drava Valley Church</p> <p>9:30 - noon</p>
	<p>23 HOLIDAY</p> <p>Thanksgiving</p> <p>Docent Training</p>	<p>24 Show ↓ KCCN Show</p>	<p>25 Carol's Birthday Party 6:00</p> <p>Cleaned house</p> <p>Went swimming</p>
<p>to room</p> <p>PVS 11P</p> <p>16 me Hotel cocktails meeting</p>	<p>30 Docent Training</p> <p>Musical</p>		<p>MARQUESAS</p>





# FOR THE MONTH

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	 NEW ZEALAND			 1
	 5	 6	 7 Dr. Bellow 2:00 p.m. Dr. Carty 3:15 Dr. Morgan- 11:30	 8 CAMILLA ALULTI HAWAIIAN HOLIDAY TOURS NATIONAL BOAT ASS. CONVENTION 9:30AM INTERCONTINENTAL, WAILEA MAUI
	 12	 13	 14	 15 Castle High 8:40- 10:00 Vera Tokunaga
	 19	 20	 21	 22
 26 SOCIETY ISLANDS	 27 Kapalema School 4th grade Jenni Pakihihi 12:30-1:20	 28 Kapalema School 4th grade Jenni Pakihihi 12:30-1:20 p.m.	 29	

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





OF NOVEMBER, 1978

SDAY	THURSDAY	FRIDAY	SATURDAY
	<p>2</p> <p>1ST THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M. ALU LIKE BOARD ROOM</p>	<p>3</p> <p>Kam Sch. KITV-4 Bishop Museum Single hulled canoe</p>	<p>4</p> <p>Palama Inter Church Council</p> <p>1:00 - 6:30 6:30 Lantern Parade 8:00 Entertainment</p> <p>TONGA</p>
	<p>8</p>	<p>9</p>	<p>10</p>
<p>H Sch. am 1 Punch</p>	<p>16</p> <p>Mulani Elem</p>	<p>17</p>	<p>18</p>
	<p>23</p>	<p>24</p>	<p>25</p>
	<p>30</p>	<p>31</p>	<p>MARQUESAS</p>

NOTIFICATION OF A DEPARTURE

SPEAKER'S BUREAU PRESENTATIONS

FOR THE MONTH OF FEBRUARY, 19

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 1st TH OH MO POLYNESIAN VOYAGING 6:00 P.M. ALU LIKE BOA 'OHANA - 7:00 FOOD PRES MOKU & MOKU'S HOME AT				
 4 CANOE ORIENTATION PIER 12 9:30 A.M. "POT LUCK LUNCHEON" SPEAKER: LEON STERLING	 5 COMMITTEE HEAD'S MEETING KAMEHAMEHA SCHOOLS 3:30 P.M.	 6	 7 PLANNING COMMITTEE 8:30 A.M.	 8
 11	 12 HOLIDAY STATE TEACHER'S ASSOCIATION INSTITUTE DAY COMMITTEE H.I.C. EXHIBIT HALL 777 WARD AVE. 8:30-1:30 P.M.	 13	 14	 15
 16	 17	 18	 19	 20
 21	 22	 23	 24	 25
 26	 27	 28	 29	 30

Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978

DOCUMENTS CAPTURED AS RECEIVED

OF FEBRUARY, 1979

EDUCATION COORDINATOR'S SCHEDULE OF EVENTS
























THURSDAY	FRIDAY	SATURDAY
<p>1 1st THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M.</p> <p>ALU LIKE BOARD ROOM</p> <p>'OHANA - 7:00 P.M.</p>	<p>2 SUNSET BEACH ELEMENTARY SCHOOL PRESENTATION 59-360 KAMEHAMEHA HWY.</p> <p>1:00 - 2:00 P.M.</p> <p>SLIDES &amp; LAUNCHING *SEE CARNATION CORREA</p> <p>9 TENTATIVE</p> <p>BOB LILJESTRAND'S PARENT'S HOME</p> <p>FILM ON GRAND CANYON SLIDE PRESENTATION BY EDUCATION COORDINATOR</p> <p>6:30 P.M.</p>	<p>3</p> <p>TONGA</p> <p>10</p>
<p>15 FOOD PRESERVATION MOKU &amp; PAIGE</p> <p>MOKU'S HOME AT 6:30 P.M.</p>	<p>16</p>	<p>17</p>
<p>22 ASPECTS OF HAWAIIANA &amp; KEALAKAHIKI TRIP</p> <p>KAMEHAMEHA SCHOOLS CONFERENCE ROOM</p> <p>HOMER HAYES, GORDON P. MARION M., JO-ANNE S.</p> <p>CANOE AT PIER 12/PI'LANAI'A</p>	<p>23</p>	<p>24</p> <p>MARQUESAS</p>

DOCUMENTS CAPTURED AS RECEIVED

SPEAKER'S BUREAU PRESENTATIONS

FOR THE MONTH OF

MARCH, 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 NEW ZEALAND				 1 HILO EXHIBIT HILO LAGOON 1:30-5:30 P.M.
 4 KUILIMA HOTEL OHIO FUNERAL DIRECTOR'S ASS. CONVENTION 8:00 P.M.	 5	 6	 7	 8 POLYNESIAN 6:00 ALU LIKE
 11	 12	 13	 14 HAWAII	 15
 18	 19 MAILE ELEM W. KYSELKA	 20	 21	 22 HOLY TR M.
 25 SOCIETY ISLANDS	 26	 27	 28	 29

Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell




















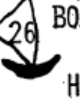


Summer 1978

DOCUMENTS CAPTURED AS RECEIVED

SPEAKER'S BUREAU PRESENTATIONS

FOR THE MONTH

APRIL, 19

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 <p>NEW ZEALAND</p>	 <p>COMMITTEE HEAD MEETING 4:30 p.m. KAMEHAMEHA SCH.</p>		 <p>STEERING COMMITTEE MEETING 8:30 a.m.</p>	 <p>1s</p>
	 <p>OCEAN FAIR UH-CAMPUS CENTER 8:00 A.M. - 5:00 P.M.</p> <p>THE OCEAN FAIR WILL BE HELD FROM MON.-9TH THRU FRI. 13TH. PVS. WILL PARTICIPATE MON. THRU THURS. FRIDAY IS A HOLIDAY</p> <p>MANPOWER: BETTY LAU, HOMER HAYES, DIXON STROUP, STEVE SOJSEN</p>		 <p>STEERING COMMITTEE MEETING 8:30 a.m.</p>	 <p>POLYNESIAN 6:00 ALU LIKE</p>
	 <p>MAILE ELEM. PRESENTATION LEON STERLING 11:30 - 12:30</p>	 <p>MAILE ELEM. FOOD PRESERVATION PRESENTATION MOKU FROISETH MARLENE AMONG WAILANI BELL 10:30 - 2:00</p>	 <p>STEERING COMMITTEE MEETING 8:30 a.m.</p>	 <p>AWA</p>
				 <p>BOAT SHOW HIC 5. KAILUA INTL 6: P</p>
 <p>BOAT SHOW NOON-5 P.M.</p>				

Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978

APRIL

DOCUMENTS CAPTURED AS RECEIVED

OF APRIL, 1979 EDUCATION COORDINATOR'S SCHEDULE OF EVENTS

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3 COMMITTEE 8:30 a.m.</p> <p>RI. 13TH.</p> <p>STEVE SONSEN</p> <p>COMMITTEE 8:30 a.m.</p> <p>W.A.</p>	<p>5 1ST THURSDAY OF THE MONTH...</p> <p>POLYNESIAN VOYAGING SOCIETY MEETING</p> <p>6:00 P.M.</p> <p>ALU LIKE BOARD ROOM</p> <p>19</p> <p>26 BOAT &amp; SPORTS SHOW</p> <p>HIC ARENA 5-10P.M.</p> <p>KAILUA INTER. G. PIANAI'A</p>	<p>6 BOY SCOUTS OF AMERICA W. BELL 7:30 P.M.</p> <p>13</p> <p>20</p> <p>27 EARTH DAY CELEBRATION</p> <p>UH CAMPUS CENTER COUNCIL FOR ENVIRONMENTAL AFFAIRS 9:00 - 2:00</p> <p>GARRY KARR - 948-7361</p> <p>BOAT SHOW 5-10P.M.</p>	<p>7 TONGA</p> <p>14</p> <p>21</p> <p>28 BOAT SHOW NOON-10P.M.</p> <p>MARQUESAS</p>





Send membership cards  
& letters to:

( Jerry Pungak Hui  
[REDACTED]  
Kaneohe, 96744 )

( Richard Collier  
[REDACTED]  
Hon. 96826 )

HORA (Hawaii Canoe Racing Association)  
Chui Laria -

Hui Wa'a -

8 Lests  
Puahani Ke

[REDACTED]  
Hon 96813

800 yrs ago —  
Star of Gladness

are —

— Arthur  
Star of Gladness

pandant sails — semit looking

Kapuaingye  
atoll

1975 — launching

Kee — god of canoe  
Songua — god of sea

20 chests of  
instruments

Kalon — semit  
plane

revitalizing traditions of ancient mariners

awa — mixing awa plant w/ water

sprinklers canoe w/ sea water  
remains returned to motherly sea.

---

make lesson plan — question & answers  
from launching film.

Alu Liko — let us work together.



\*\*\*What I do each day is important because I am exchanging each day of my life for it!  
Today will be the first day of my life, I should value it as though it were my last!

### EFFECTIVENESS CHECKLIST

\*To be done at the end of the present week before writing down the goals and objectives for the following week.

OBJECTIVES: PERSONAL.....to keep a balance between my mind, my body and my spirit.  
SOCIAL.....to study, love and serve humanity as best as I can.  
SPIRITUAL.....to develop my potential and experience growth.

PERSONAL	YES	NO	SOCIAL	YES	NO
kept an open mind	{ }	{ }	considered someone else's feelings	{ }	{ }
read a book on personal enrichment	{ }	{ }	made someone happy	{ }	{ }
made each day an exciting adventure	{ }	{ }	made someone laugh	{ }	{ }
made each day a delightful experience	{ }	{ }	inspired others	{ }	{ }
turned my time into an incredibly super day	{ }	{ }	helped others to feel good about themselves	{ }	{ }
shunned out negative thoughts and emotions	{ }	{ }	tried to encourage a good concept of self in others	{ }	{ }
dumped a bad habit	{ }	{ }	gave others the space to grow	{ }	{ }
practiced what I preached to others	{ }	{ }	acknowledged someone	{ }	{ }
overcame an obstacle in my direction	{ }	{ }	gave service to others	{ }	{ }
made rational decisions	{ }	{ }	made a new friend	{ }	{ }
worked on developing my skills and talents	{ }	{ }	did not make value judgements of others or on others	{ }	{ }
listened to good music or looked at a piece of art	{ }	{ }	kept commitments	{ }	{ }
worked on communication skills	{ }	{ }	kept all agreements	{ }	{ }
experienced personal growth	{ }	{ }	took the time to listen	{ }	{ }
made a contribution to myself	{ }	{ }	didn't lay my own trips on others	{ }	{ }
directed my energies into positive activities	{ }	{ }	worked on communication skills	{ }	{ }
			gave love to others	{ }	{ }
			gave someone a token of appreciation	{ }	{ }
			made others feel lovable and capable	{ }	{ }
<b>PHYSICAL</b>			<b>ORGANIZATIONAL</b>		
exercised daily	{ }	{ }	set up weekly goals	{ }	{ }
ate a well balanced meal	{ }	{ }	planned days off	{ }	{ }
visualized good health	{ }	{ }	set up priorities	{ }	{ }
tried to overcome hangups	{ }	{ }	kept appointments on time	{ }	{ }
			kept things organized	{ }	{ }
<b>SPIRITUAL</b>			kept up with plans	{ }	{ }
thanked God for Life	{ }	{ }	avoided procrastination	{ }	{ }
looked to God as my source	{ }	{ }	accomplished goals	{ }	{ }
lived in the context of God and love	{ }	{ }	made my direction clear	{ }	{ }
prayed for others	{ }	{ }	followed up on my plans	{ }	{ }
meditated and reflected	{ }	{ }			
recited positive affirmations	{ }	{ }	<b>FINANCIAL</b>		
kept smiling	{ }	{ }	cleared up old debts	{ }	{ }
practiced the "ohana" spirit	{ }	{ }	balanced my check-book	{ }	{ }
nourished a hungry mind	{ }	{ }	paid bills on time	{ }	{ }
watched the sun rise and set and thanked God for the gift of sight	{ }	{ }	stayed within budget	{ }	{ }
took time to appreciate the aesthetic beauty of nature	{ }	{ }	saved 10% of my gross income	{ }	{ }
			recorded income and expenses	{ }	{ }



FROM THE DESK OF WILLENE WAILANI BELL

# POLYNESIAN VOYAGING SOCIETY

BOX 6037 / HONOLULU / HAWAII 96818 / (808) 841-3966  
Evaluate effectiveness in setting next week's plans and goals. Give yourself a star for trying!

## EFFECTIVENESS CHECKLIST -CONTINUED



Perfect SPEED  
is to be there!  
.....at the  
next PVS Board  
Meeting. 1st  
Thursday of  
each month.

BUSINESS	YES	NO
was efficient and effective	<input type="checkbox"/>	<input type="checkbox"/>
was productive	<input type="checkbox"/>	<input type="checkbox"/>
initiated constructive activities	<input type="checkbox"/>	<input type="checkbox"/>
cooperated with staff	<input type="checkbox"/>	<input type="checkbox"/>
showed enthusiasm and interest	<input type="checkbox"/>	<input type="checkbox"/>
practiced good business ethics	<input type="checkbox"/>	<input type="checkbox"/>
returned phone calls	<input type="checkbox"/>	<input type="checkbox"/>
kept up with work load	<input type="checkbox"/>	<input type="checkbox"/>
cleaned up unfinished business	<input type="checkbox"/>	<input type="checkbox"/>
caught up on correspondence	<input type="checkbox"/>	<input type="checkbox"/>
kept all appointments on time	<input type="checkbox"/>	<input type="checkbox"/>
kept up with goals and objectives	<input type="checkbox"/>	<input type="checkbox"/>
tried to develop innovative ideas to make work load much lighter for staff	<input type="checkbox"/>	<input type="checkbox"/>
made others feel lovable and capable	<input type="checkbox"/>	<input type="checkbox"/>
serviced others	<input type="checkbox"/>	<input type="checkbox"/>

## \*\*\* PLANS FOR THE WEEK \*\*\*

OBJECTIVES, GOALS, PROJECTS, THINGS TO DO, ETC...	COMMENTS	COMPLETED
		YES NO
1. Display unit for Childrens Books (4-5 units)		<input checked="" type="checkbox"/> <input type="checkbox"/>
2. Call 949-3021 for pastor prices	6000 for 20 K30m	<input checked="" type="checkbox"/> <input type="checkbox"/>
3. Get plant pot off		<input checked="" type="checkbox"/> <input type="checkbox"/>
4. Get new paper articles		<input checked="" type="checkbox"/> <input type="checkbox"/>
5. Write thank you cards to Lapea, Maitens & Hannah		<input checked="" type="checkbox"/> <input type="checkbox"/>
6. Get car radio		<input type="checkbox"/> <input type="checkbox"/>
7. Buy genealogy book		<input type="checkbox"/> <input type="checkbox"/>
8. Get driver's license, safety sticker		<input type="checkbox"/> <input type="checkbox"/>
9. Do accounting for Hudson		<input type="checkbox"/> <input type="checkbox"/>
10. Work and finish Kanani articles		<input type="checkbox"/> <input type="checkbox"/>
11.		<input type="checkbox"/> <input type="checkbox"/>
12.		<input type="checkbox"/> <input type="checkbox"/>
13.		<input type="checkbox"/> <input type="checkbox"/>
14.		<input type="checkbox"/> <input type="checkbox"/>
15.		<input type="checkbox"/> <input type="checkbox"/>
16.		<input type="checkbox"/> <input type="checkbox"/>
17.		<input type="checkbox"/> <input type="checkbox"/>
18.		<input type="checkbox"/> <input type="checkbox"/>
19.		<input type="checkbox"/> <input type="checkbox"/>
20.		<input type="checkbox"/> <input type="checkbox"/>

HAWAII

TAHITI

CREATED FOR THE PVS BY  
Willene Wailani Bell BICENTENNIAL VOYAGE OF REDISCOVERY  
Summer 1978 HOE AKU I KA WA'A

# WEEKLY PLAN SHEET

WEEK OF August 21-27

## WEEKDAY PLANS

HOUR	21 MONDAY	22 TUESDAY	23 WEDNESDAY	24 THURSDAY	25 FRIDAY
MORNING	7:00 7:30 8:00 8:30 9:00 9:30 10:00 10:30 11:00 11:30		Mail dental & medical cards Get safety check Shower Dep. in bank - <u>Chico</u>	Took day off	Drop off books to Kaimuki Intermediate School.
	Take Jolene to Kaneohe Super Printer	Mailed letter to Dave Lyman	See Ray Idunm...		
	12:00 - 1:00 LUNCH HOUR				
AFTERNOON	1:30 2:00 2:30 3:00 3:30 4:00 4:30 5:00 5:30	Kapua to drop by.	Pick up pictures from Photo Arts Deliver article to Melissa. Call Ray for card printing		
	Spoke w/ John Krueger			Ho'ike Kaimuki Kaimuki Photo Arts Book display 5:30-7:30 *Interview from Kaimuki	
EVENING	6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30 10:00 10:30				
	Danced hula Paul Kendall	Danced hula Bruce Kepler			

## WEEKEND PLANS

SATURDAY - 26 - Waikiki - Kapahulu Library - Searchers - 2:30 p.m.  
Clean house.

SUNDAY - 27 Jolene's hula picnic - Ala Moana - 8 a.m. - on

\*\*\*\*\*  
YESTERDAY is a canceled check..TOMORROW is a promissary note..TODAY is cash..

Spend well the NOW MOMENT.



From the desk of Willene Wailani Bell

## OPEN HOUSE

### Invitations to:

- ① Kaupena Wong
- ② Deenie Allan
- ③ Paul Oregan
- ④ Abraham Pianaia
- ⑤ Keala & Leinomi Beamer
- ⑥ Parker
- ⑦ Barbara Macaula
- ⑧ Bette Beamer
- ⑨ Allan Atkins
- ⑩ Dr. Robert Lord

## THINGS TO WORK ON

- ① collage of children's cards
- ② book posters
- ③ invitations (Maileene)
- ④ letter for pourneur book
- ⑤ finish putting sheets on collage
- ⑥ develop workshop sales presentation
- ⑦ make launch window decor
- ⑧ develop tr bampis for clark phelness
- ⑨ Inquire about lighting

## TO PURCHASE

- ① plants
- ② mugs for fiser

## NEEDED

- ① kow boxes for paper - legal size

## HOW TO USE THIS TIME-MANAGEMENT PLAN

Created for the PVS  
by Wilrene Wallons Bell

**PURPOSE:** to develop A SYSTEMATIC PATTERN FOR MANAGING YOUR TIME.  
to be MORE EFFECTIVE; MORE ORGANIZED  
to have MORE TIME; MORE ENERGY; CLEARER THINKING.

**FUNCTION:** it keeps all mental notes CENTRALIZED IN ONE PLACE.  
it is a reliable RESOURCE for fast accessible reference and planning.  
memo Use with 3 ring binder rather than folder, as it is more flexible because pages lie flat and margins aren't covered.

**SPECIAL NOTES** \*Change takes effort and you will find a tendency to resist change and rationalize for not making the effort. YOU HAVE A CHOICE and what you choose usually happens because you have chosen to make it happen and you put all your ENERGY into that direction. In at least one area of your life be INTENSE!

**HOW TO USE:**  
**Step 1** DAILY PLAN YOUR DAY .....WORK YOUR PLAN pages.  
Begin each day at sunrise filling out THINGS TO DO for the day. Jot them down SPONTANEOUSLY as they pop up in your head.  
**Step 2** **PRIORITY** After you have completed all 15 items on THINGS TO DO, or less, go back  
Column P and put them in rank according to their importance and the priority you would like to give each item. Rank them either numerically or alphabetically under column P.  
**Step 3** **AGREEMENT** If you agreed with someone to do something, for example, to call them on  
Column A the phone or to meet them for lunch, then put a checkmark after the item under column A.  
**Step 4** **COMPLETED** At sunset, go back and check your THINGS TO DO, and if you did complete  
Column C an item, then put a checkmark after the item in Column C.  
**Step 5** **TRANSFERRED** If you did not complete an item, then put the date of when you hope to  
Column T work on it again under the column T.

**PVS SECTION:** Jot down any MEMOS or NOTES you would like to discuss with another PVS member(s) at a board meeting or on the phone. This helps you to keep from forgetting what it is you'd like to discuss at a later date.

**NOTES TO MYSELF** Write down anything that simultaneously comes into your mind during the day or evening. If you run out of space then write the notes on the back of the page. You will find if you don't write down these thoughts as they come into your mind, then you might forget them later on.

**\*\*\*\*\* SECTION:** A good way of saving money is to take 10% of your gross earnings and put it away in your saving account. Treat it like a tax deduction and put it into your saving's account when you cash your check. Like a tax deduction you won't miss it or put it into your budget because it is a mandatory deduction therefore you don't count on it.

**EFFECTIVE CHECKLIST** Do this once a week, preferably on a Saturday or Sunday. This helps to guide you in evaluating your behavior, goals and objectives from the previous week and in setting the tone and planning for your next week. Personal growth should develop from this exercise.

**ANY QUESTIONS?????** CALL WAILANI.....841-3966 or 734-1016. GOOD LUCK WITH THIS HANDBOOK. IF YOU NEED MORE FORMS LET ME KNOW. ALSO LET ME KNOW HOW YOU LIKE IT AND IF YOU ARE FINDING RESULTS WITH IT.

**PLAN OF ACTION** Let this worksheet be a CHALLENGE to COMPLETE each day. Work it with a partner or group. Set down with others using it and DISCUSS innovative ideas on how to become more organized and effective. DEVELOP a PLAN OF ACTION which fits your own temperament and lifestyle. Put it into PRACTICE. Work the exercises each day. FOLLOW THROUGH on plans.  
**CREATIVE PROCESS** I. LEARN TO LISTEN. II. BECOME A "MASTER EXPLAINER" III. LEARN THE FACTS IV. HAVE A PLAN V. CONTINUE TO GROW.



"Where I live there are rainbows  
with life in the laughter of the morning and starry nights,  
Where I live there are rainbows  
with flowers full of colors and birds filled with song.  
I can smile when it's raining and touch the warmth of  
the sun,  
I hear children laughing in this place that  
I love."

HAWAIIAN LULLABY



### \*\*\*TIME MANAGEMENT HANDBOOK\*\*\*

Hawaiian time that's well managed may...  
.....give more day for you to play!

Created for the POLYNESIAN VOYAGING OHANA by Willene Wailani Bell.

SUMMER 1978

DEDICATED to HERB KANE, whos artistic genius gave birth to our esteemed seaworthy double-hulled canoe, HŌKŪLE'A.

CECILIA KAPUA LINDO, whos well-directed energy developed NA HANA HUAKA'I ( THE VOYAGING WORKS ), an activity resource book on Polynesian voyaging which is much needed for educators in the arena of Hawaiian Studies.

LEON PAOA STERLING, who dedicates his being to the refurbishing of HŌKŪLE'A, so she may sail once more.

WILL KYSELKA and NAINOA THOMPSON, who both spend long hours charting the stars for future voyages.

THEY ARE MAGNIFICENT EXAMPLES OF TIME WELL MANAGED!


























and to THE POLYNESIAN VOYAGING OHANA, whos aloha keeps alive our society's existence.....













MAHALO!



# FOR THE MONTH

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
 NEW ZEALAND  3 SHEILA'S BABY SHOWER PARK SHORES HOTEL 12:00 P.M.  10 WALTER'S BIRTHDAY PARTY - 11:00  17  24 SOCIETY ISLANDS  31 CHRISTMAS EVE  31 HAPPY NEW YEAR'S EVE	  4 SENT CHECKS FOR BOOK EXHIBITS- 1-22-79 THRU 1-26 AND 2-12-79.  11 GOVERNOR'S INAUGURATION 12:00 A.M. PD. HULA - \$20.00  18 JALENE'S HULA  25 EDUCATION COMMITTEE MEETING FOR PROPOSAL FOR ETHNIC HERITAGE STUDIES PROGRAM 10:00 A.M. KAPUA, CHUCK, WAILANI & LEON  25 MERRY CHRISTMAS	  5 CHANNEL 4 TV PRESENTATION WITH 2ND GRADERS- KAMEHAMEHA STUDENTS.  12 LUNCH- DEL CENTRO WITH ANTHONY & MARLENE  19  26  26	  6  13 JALENE'S HULA  20 JALENE'S HULA  27 JALENE'S HULA  27

















THURSDAY	FRIDAY
 1  7 POLYNESIA  14 CONTRACT MANAGEM 6:00  21 ALU LIK CANG  28  28	 1  7  14  21  27  27

Created for the POLYNESIAN VOYAGING SOCIETY  
by Willene Wailani Bell

Summer 1978

DECEMBER

OF

SDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1st THURSDAY OF THE MONTH...</p> <p>POLYNESIA VOYAGING SOCIETY MEETING</p> <p>CONTRACTS AND GRANT MANAGEMENT-8:30-4:30 P.M.</p> <p>ALU LIKE BOARD ROOM CANCELED</p>	 <p>1 PRESENTATION KAPALAMA SCH. 4TH GRADE - 12:30-1:30 P.M.</p> <p>PICKED UP FISH NET CHARLEY &amp; RAY SCANLAN</p>	 <p>2 TOOK PICTURES OF CREW WORKING ON HOKULE'A- PIER 12 TONGA</p>
	 <p>7 CONTRACTS AND GRANT MANAGEMENT-8:30-4:30 P.M.</p> <p>ALU LIKE BOARD ROOM CANCELED</p>	 <p>8 CHAMINADE WORKSHOP ON EFFECTIVE PROPOSAL WRITING 8:30 - 4:30 PART II</p> <p>KAMEHAMEHA SCHOOL CHRISTMAS TREE SALE</p>	 <p>9 WORKSHOP ON PROPOSAL WRITING 8:30A.M. - 12:00 P.M.</p> <p>DR. PERRY LARSEN, V.P. EYRING RESEARCH INSTITUTE UTAH</p>
 <p>HAWAII</p>	 <p>14 DOCENT TRAINING 9-11:30 A.M. LAST DAY</p> <p>PVS BOARD MEETING 6:00P.M. ALU LIKE ELECTION OF OFFICERS</p>	 <p>15</p>	 <p>16 KATHERINE'S BIRTHDAY PARTY</p> <p>KEALOHA KALAMA'S CHRISTMAS PARTY</p>
	 <p>21 CHRISTMAS LUNCHEON 1:30A.M. TO 1:30</p> <p>WAILANI'S HOME</p>	 <p>22</p>	 <p>23</p>
10:00 A.M.	<p>DANCE HULA AT CORA'S (Kahala)</p>		
	 <p>28</p>	 <p>29 EDUCATION COMMITTEE MEETING 10:00 A.M. HAWAII FOUNDATIONS FOR HISTORY &amp; HUMANITIES 1151 PUNCHBOWL ST. ROOM 233</p>	 <p>30 MARQUESAS</p>



Official

Request to Leon:

working model of Hokule'a

3 ft long hulls

2 scale

Wally Longstre

\*urgent in request

for ed. basis

review ed. material on hand  
as to this date  
update & revise

(Revised)

c/c - CC 6

London

- ① Chart or map of

Haw. Islands & P

clear acetate overlays

currents & winds & waves &  
show how they rap on adunes  
as opposed to long voyages (open  
water)

Official written  
request  
no phone

Ed coordinator will handle all scheduling

use of the vessel, on any island.

Coordinate all scheduling of ① speaker bureau

confirmations w/ Wally on inter-island voyages.  
function other than school.

Canoe ch

Vessel supervisor

Speaker's Bureau  
Kimo Hughes

List of Captains to shipper vessel  
has to be approved by board

Gene Lyman & Kimo

London Pi & Korman

~~Kimo~~ &

John Cruz

Maaka Yates

Basic to the success of the project, however, was PEOPLE. People who have demonstrated that they are willing and very able to directly participate with this community in educational ways for the benefit of all. In unorganized ways this process is in motion already, but the efforts need coordination.

There are many communities on this island and throughout the State that present similar and better kinds of opportunities for presentations of this sort. Money is not the deciding factor as to whether these presentations can happen or whether they will be successful. According to my records the cost to the Society for its presentations in Makahiki Kai was less than \$100.00. Again, it was people, materials, and opportunity working cooperatively that were responsible for the success.

#### OBSERVATIONS

It seems to me that one way to describe the history of PVS is to see it as a series of transformations. Ideas formed a Society, became tangible as a canoe and children's books, and became living realities through people involved in all aspects of the extensions of those original ideas. The experiences of these people have prompted new initiatives to those ideas. People are now seeing their ideas materialize and this in itself adds new motivation to the whole. This growing process is a reflection of the vitality of this whole program, I think. It has no foreseeable end because of its nature as an active process. This is a history to be proud of and to foster, I think.

This ability to grow and provide a learning environment for people is one of the great attractions of PVS and its projects. I have heard people within the Society say time and time again, "It has been a learning experience every inch of the way." It is this quality that can be shared in extension in the larger context of this community in which we live. There is community response that indicates that they are interested in joining us in this process.

It is through people in this Society and their varied experiences, motivations, and interests that information can be passed on and fitted into the contemporary context of our lives. Tangible objects and experiences with them provide the opportunity for old and sometimes forgotten information to become viable again in a contemporary context. Is there a reason to do this. One reason for doing so is to maintain our human continuity and continue to learn and grow. These experiences also help us develop understanding of the many expressions of human beings who confronted the basic problems of living. They can also help us keep our own immediate abilities flexible and adaptable.

The social effects that follow from this educational process are important too. Understanding the skills of others gives us appreciation for ideas other than our own. That appreciation can implement cooperative learning, and that is beneficial to any society with an interest in

itself viable in a dynamic world of nature and people. Hawaii is such a place. The world's image of us says that we continue that way. Those of us who live here know that it is a struggle to keep it so and to develop it. PVS has an opportunity to contribute to our communities viability in varied and powerful ways, by its people, interests, and information.

There is some concern on my part that coordination can become too directive. The reason this concerns me is that my recent experience shows me that it is the talent and individual motivation of the people. I have worked with that made this project a success. It was the spontaneous and varied ways in which their talent and interest was expressed that kept vitality growing. The personal motivation of this group continues to be inspiring. It has contributed to a personally rewarding experience that I cannot adequately measure. I can say that a good and healthy spirit was shared, grows, and the effectiveness of it was reflected in the success of our efforts to make PVS participation in Makahiki Kai a success. The spirit of the group became a base that supported individual effort. Those efforts brought rewards and developed into new efforts and ideas. Learning took place. New initiatives were taken. A kind of momentum developed that wants to be maintained.

#### SUGGESTIONS

1. PVS has the people and the materials right now to continue to go to schools, community groups, workshops, public library programs, parks and recreation projects, scout groups, fairs, exhibitions, and to present lectures to adult audiences in a variety of places.
2. While the voyage is taking place much of this contact with the community can be handled by members who remain here, and if nothing more is done that to pass on progress reports by personal contact, the people who do this will be helping maintain the interest and the context for future information.
3. The materials of all kinds that are available and have been used should be coordinated and their potential uses evaluated and stated. This includes written information, pictures, tapes, slides, films, tangible objects, and names of people and their talents and experiences.
4. Through a community group PVS has the opportunity to be part of a weekly thirty minute radio program and a ten minute monthly program on public TV. Both of these opportunities are free. They should be investigated further.

Naturally, up to now, the emphasis of the Society has been placed on specific things such as construction, preparation for the voyage, crew selection and training, food preparation, and financial support for these activities. However, each of these areas have now functioned long enough to have developed a beginning base. That base is in large part already valuable educationally. It seems natural now that that informational base be coordinated into an expanded educational plan.

There has been the year of the canoe, the year of the men, the year of the voyage. Maybe now is the time for the year of the community.

- Chain of Command -

Committee for dispensing Info. to Community  
not only for canoe's progress

Is <sup>end</sup> June when Michelle ends her job - end of society?

221  
233  
234

## EDUCATIONAL ACTIVITIES To December 1, 1974

### I. CANOE WORKSHOPS (featuring the Society's 40-foot long sailing double-canoe at Kualoa Park, Kaneohe Bay)

- 1) May 4, 11, 18 and 25 (four Saturdays plus one night session for observation of navigation stars) 65 participants
- 2) October 11-14 (a campout over Discoverers Day long weekend, with night navigation sessions) 100 participants (Park regulations limited enrollment to 100; over 300 applicants had to be turned away) See copy of workshop program on attached sheet.

### II. USE OF 40-FOOT DOUBLE-CANOE BY SCHOOL GROUPS

- 1) March 11. Hale o Hooponono School (Kona, Hawaii) dropout program sponsored by Kamehameha Schools
- 2) May, June, Numerous school and youth groups while canoe was stationed at Kualoa Park.
- 3) August. Used by City Department of Recreation at Federal funded summer recreation program at Nanakuli, Oahu. Program termed "most successful summer program ever" by Park personnel.

### III. CONSTRUCTION OF 60-FOOT DOUBLE-CANOE (schools participation so far limited to Kamehameha Schools because of safety and insurance considerations)

- 1) Two students have been working on canoe regularly as part of a special class assignment.
- 2) Several busloads of students have visited construction site and have attended lectures on the canoe there.

### IV. LECTURES AND DEMONSTRATIONS (partial listing only)

- 1) Educational Institutions
 

<ol style="list-style-type: none"> <li>a) Kamehameha Schools (3 programs)</li> <li>b. Punahou (2 programs)</li> <li>c) Nanakuli Elementary and High Schools</li> <li>d) Hawaii School for Girls (2 programs)</li> <li>e) Hale o Hooponono School, Kona, Hawaii</li> <li>f) McKinley High School</li> <li>g) Waianae Intermediate School</li> </ol>	<ol style="list-style-type: none"> <li>h) Kailua Intermediate School</li> <li>i) University of Hawaii, Manoa (4 programs)</li> <li>j) University of Hawaii, Hilo</li> <li>k) Lama Ku, Univ. of Hawaii College of Continuing Education program on Maui</li> <li>l) Department of Education Meeting, Kualoa Park</li> <li>m) Kauai Teachers Education Program, Lihue</li> </ol>
--	---
- 2) Other Institutions and Groups
 

<ol style="list-style-type: none"> <li>a) Hawaiian Historical Society</li> <li>b) Congress of Hawaiian Peoples</li> <li>c) Outrigger Canoe Club</li> <li>d) Social Science Association</li> <li>e) Convention of Hawaiian Civic Clubs</li> <li>f) Prince Kuhio Hawaiian Civic Club</li> <li>g) King Kamehameha Hawaiian Civic Club</li> <li>h) Honolulu Hawaiian Civic Club</li> <li>i) Hanalei Hawaiian Civic Club</li> <li>j) Hanalei Canoe Club</li> <li>k) Honolulu Artists Association</li> <li>l) Explorers Club</li> <li>m) Public Relations Society of America</li> </ol>	<ol style="list-style-type: none"> <li>n) American Bankers Association</li> <li>o) Kamehameha Lions Club</li> <li>p) Honolulu Rotary Club</li> <li>q) Pearl Harbor Naval Shipyard</li> <li>r) 14th Naval District, Headquarters</li> <li>s) Society of Naval Architects and Marine Engineers</li> <li>t) Waikiki Yacht Club</li> <li>u) World Tornado Championships</li> <li>v) U.S. Power Association Squadron</li> <li>w) Hawaii Yacht Club</li> <li>x) Nanakuli Hawaiian Men's Club</li> <li>y) Pacific Club</li> <li>z) Hawaiian Canoe Racing Association</li> </ol>
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### V. OTHER EDUCATIONAL ACTIVITIES

- 1) Exhibit on Polynesian Canoes at the "Makahiki Kai - Festival of the Ocean" held last May at the Honolulu International Center.
- 2) Consulted on Polynesian canoe exhibits for 1975 Worlds Fair at Okinawa, Japan.
- 3) Consulted with University of Hawaii Lab School's FAST Project on marine education curriculum in Hawaii.





## SOCIETY NEWS

Edited by Sharon Serene

## 3 DAY CAMPOUT AND POLYNESIAN SAILING WORKSHOP AT KUALOA PARK

Learn how Polynesian Canoes were paddled, sailed and navigated by signing up for our workshop which will feature guest speakers, demonstrations, and plenty of practice on Hawaiian outrigger canoes and the Society's 40-foot double-canoe. Sponsored by the City and County of Honolulu Department of Recreation and the Polynesian Voyaging Society. Organized by Chuck Shipman, Ocean Recreation Specialist with the Department of Recreation.

Oct. 11, 12, 13, 14  
 WHEN: Friday, October 11, Saturday

WHERE: Kualoa Regional Park (see map below)

FEE: \$30.00 NOTE: Participants MUST provide their own camp style food and all camping gear.

## PROGRAM:

Friday, October 11, 1974 3 PM-9 PM

Check in and set up camp. After dinner speaker will be Herb Kane with slide presentation "Polynesian Voyaging Society"; films on canoe voyaging.

9 AM-12 NOON  
(Beginners)Saturday, October 12, 1974 9 AM-12 NOON 7 PM-9 PM  
Introduction to course; rigging and lashing of the Hawaiian outrigger canoe; Hawaiian terms and functions of the various parts of the Hawaiian canoe; proper paddling techniques; steering and piloting the canoe.9 AM-12 NOON  
(Advanced)

Sailing the Hawaiian outrigger canoe under the ancient Polynesian spritsail.

10 AM

Bobbi Meheula of the Hawaii Foundation for Humanities and Art will give a ti leaf craft demonstration.

Continuous:

Max Stanton of Church College will be demonstrating and skill training in canoe carving, rope making, adze making, lauhala weaving, knots and lashing, land finding techniques, and basic seamanship. Instruction will be held on the beach continuously thru Monday.

LUNCH

Tommy Holmes will be speaking on "Hawaiian Canoe Handling and Heavy Seas".

1 PM-4 PM

Surfing the Hawaiian outrigger canoe.

7 PM-9 PM

A lesson in "Astronomy and Navigation in Polynesia and Micronesia."

9 PM-12 MID.  
(Advanced)

Night sailing experience for star path steering and zenith star observation.

9 AM-5 PM

Sunday, October 13, 1974  
Sailing the Hawaiian double-canoe (wa'kaulua); Polynesian fishing techniques employing outriggers and double canoes.

Continuous:

George Bennett, a Specialist for the Department of Parks and Recreation, who just returned from Satawal Island, and Namalik, an island student navigator from Satawal Island, will be making and lashing adzes and will be available for questions on canoes and navigation.

DINNER

Dr. Ben Finney will be speaking on "Research on Pacific Voyaging"

(Beginners)

A discussion on "Canoe Lore of Kualoa"

(Advanced)

Open sea voyage from Kualoa to Kahana Bay (optional camp at Kahana Bay).

5 AM-7 AM  
AdvancedMonday, October 14, 1974 "Discovers' Day"  
Dawn voyage...Kahana Bay to Kualoa.

9 AM-3 PM

Discovers' Day Sailing Canoe Races...Kualoa to Kaneohe Bay and return, hosted by the University of Hawaii Sailing Team.

3 PM

Clean up and break camp.

Please Note:

Please bring bathing suits, a warm pullover, towels, and sun screen or hat as this is a practical course taught on the beach and in the water.

Enrollment is limited so sign up early to assure yourself a place. To reserve a place in the course, please fill out the form below and mail it, along with your check, to the Polynesian Voyaging Society, 821 A Cedar Street, Honolulu, Hawaii 96814 or call the office at 524-2662. Deadline for check and application is October 4th!!

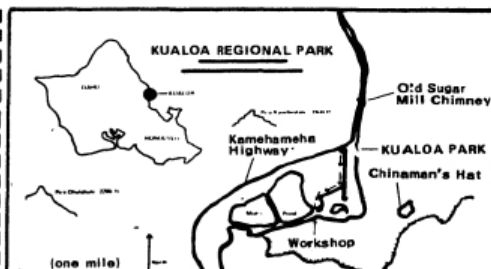
## Polynesian Workshop Reservation

NAME \_\_\_\_\_

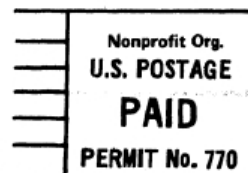
ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ ☐ Adult ☐ Teen ☐ Child

Mail to: Polynesian Voyaging Society, 821 A Cedar St., Honolulu, HI. 96814



POLYNESIAN VOYAGING SOCIETY  
821 A Cedar Street  
Honolulu, Hawaii 96814



YEE, AUGUST 1985

# POLYNESIAN VOYAGING SOCIETY

BOX 6037 / HONOLULU / HAWAII 96818 (808) 841-3966

August 25, 1975

**PRESIDENT** To: the Board of Directors  
**BEN R. FINNEY, PH.D.** From: Educational Workshop Committee

**BOARD OF DIRECTORS**  
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**HERB KAWAINUI KANE, M.F.A.**  
**DAVID LEWIS, M.D.**  
**CLAIRE RAYBURN**  
**FRANK TABRAH, M.D.**  
**FRANK WANDELL**  
**AUGUST YEE**  
**BENJAMIN B.C. YOUNG, M.D.**

A three day Workshop/Campout demonstrating the way Polynesians prepared for their long sea voyages will be held at Kualoa Regional Park on October 10-13 1975. The Workshop will be co-ordinated by Nani Bowman, Cecelia Lindo and Sandra Maile in conjunction with the Department of Education, The College of Continuing Education, U.H. and the City Parks and Recreation.

The workshop is primarily designed for teachers, however, the PVS members and the general public are invited to attend. A maximum of 225 persons can be easily accommodated at the workshop. There will be a fee of \$20.00 per person and an optional \$10.00 tuition for those desiring 1 credit (Ed. Found. 399). The tuition and credit will be handled by the College of Continuing Education, Alice Daefuer. The DOE will handle the mailing of the PVS workshop info flyers to all schools throughout the state of Hawaii. The staff at Kualoa regional will be responsible for helping us with the logistics of setting up and providing workshop instruction. The PVS will provide the formal instruction, educational materials, crafts materials, and audio visual aids.

**ADVISORS TO THE BOARD**  
**BRUCE BENSON**  
**RONALD MAKAILA DELACRUZ**  
**WALLACE FROISETH**  
**MOKU FROISETH**  
**MOE KEALE**  
**H. K. BRUSS KEPPeler**  
**KALA KUKUA**  
**CARL LINDQUIST**  
**TAY PERRY**  
**COLIN PERRY**  
**GAIL PREJEAN**  
**R. KIMBAL THOMPSON**  
**LOUIS VALIER**  
**DOUGLAS YEN, PH.D.**

The Workshop will begin Friday evening October 10, 1975 with an introduction by Herb Kane and Ben Finney. On Saturday and Sunday Oct 11, 12, 1975 concurrent classes will be held featuring  
 .Ancient and Modern techniques of canoe building  
 .Rigging, lashing, paddling and sailing a Polynesian Canoe  
 .Lauhala, Coconut Weaving, Sennit making, crafts  
 . Food preparation for long voyages  
 The evening sessions offer discussions in  
 .Celestial Navigation  
 .Physical and Psychological Readiness for Long Sea Voyages  
 .Polynesian Voyaging Canoes-Symbolism and Ceremonies .  
 Monday Oct 13, 1975 will end the workshop with a Discoverer's Day Sailing Canoe Race hosted by the U.H Sailing Team.

Deadline for registration is October 3, 1975 .

Educational Workshop

Nani Bowman  
 Cecelia Lindo  
 Sandra Maile

HAWAII



TAHITI

BICENTENNIAL VOYAGE OF REDISCOVERY  
 HOE AKU I KA WA'A

# POLYNESIAN VOYAGING SOCIETY

BOX 6037 / HONOLULU / HAWAII 96818 (808) 841-3966

PRESIDENT  
BEN R. FINNEY, PH.D.

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KIMO (JAMES) C.  
HUGHO  
HERS KAWAINUI  
KAHE, M.F.A.  
DAVID LEWIS, M.D.  
CLAIRE RAYBURN  
FRANK TABRAH, M.D.

FRANK WANDELL  
AUGUST YEE  
BENJAMIN S.C.  
YOUNG, M.D.

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TAY PERRY  
COLIN PERRY  
GAIL PREJEAN  
R. KIMBAL  
THOMPSON  
LOUIS VALIER  
DOUGLAS YEN, PH.D.

August 25, 1975

## Educational Workshop Proposed Budget

printing of workshop flyer.....	\$ 65.00
printing of educational materials.....	100.00
crafts materials.....	100.00
postage/mailing.....	30.00
Honorariums.....	175.00
equipment and supplies.....	100.00
Food for instructors and staff for 3 days...	100.00
Total	\$' 670.00

We expect approximately 200 persons at \$20.00 each to attend this workshop. We hope to gross \$4,000.00

## Educational Workshop Committee

Nani Bowman  
Cecelia Lindo  
Sandra Maile

HAWAII



TAHITI

BICENTENNIAL VOYAGE OF REDISCOVERY  
HOE AKU I KA WA'A

POLYNESIAN VOYAGING SOCIETY  
PRESENTS  
A THREE-DAY SEMINAR/WORKSHOP, CAMP-OUT  
IN POLYNESIAN VOYAGING

PLACE

Kualoa Regional Park

DATE

Okakopa (October) 10, 11, 12, 13, 1975

PURPOSE

Experiences will be provided on how the Polynesians prepared for, and took their long, rugged sea voyages which enabled them to successfully establish settlements.

PROGRAM AND DESCRIPTION

Pō'alima, Okakopa 10, 1975

3:30 P.M. - 7:00 P.M. Set up camp, check in, provide your own dinner.

7:00 P.M. - 9:30 P.M. Pihana Kanaka (Assembly). Orientations and introductions.

Pō'aono, Okakopa 11, 1975

9:00 A.M. - 12:00 P.M. Concurrent day sessions:

- Session 1 - "Polynesian Canoes" *Hawaiian Double-canoe, Waa Hauka*
- Session 2 - "Rigging, Lashing, and Sailing a Polynesian Canoe"
- Session 3 - "Lauhala and Coconut Weaving, Sennit Making"
- Session 4 - "Foods and Plants for Sea Voyaging"

12:00 P.M. - 1:30 P.M. Lunch break. Book display; Polynesian Cultural Center imu and weaving demonstrations.

1:30 P.M. - 4:30 P.M. Continue concurrent sessions.

4:30 P.M. - 6:00 P.M. Dinner break. Book display.

6:00 P.M. - 7:00 P.M. Ha'i a'o (Lecture): "Celestial Navigation" by Homer Hayes.

7:00 P.M. - 8:00 P.M. Ha'i a'o: "Polynesian Voyaging Canoes: Symbolisms and Ceremonies" by Dr. Kenneth P. Emory, Sam Kaai

8:00 P.M. - 9:45 P.M. Ki'i 'Oni 'Oni (Film): "Kula Trade Ring"

Sabati, Okakopa 12, 1975

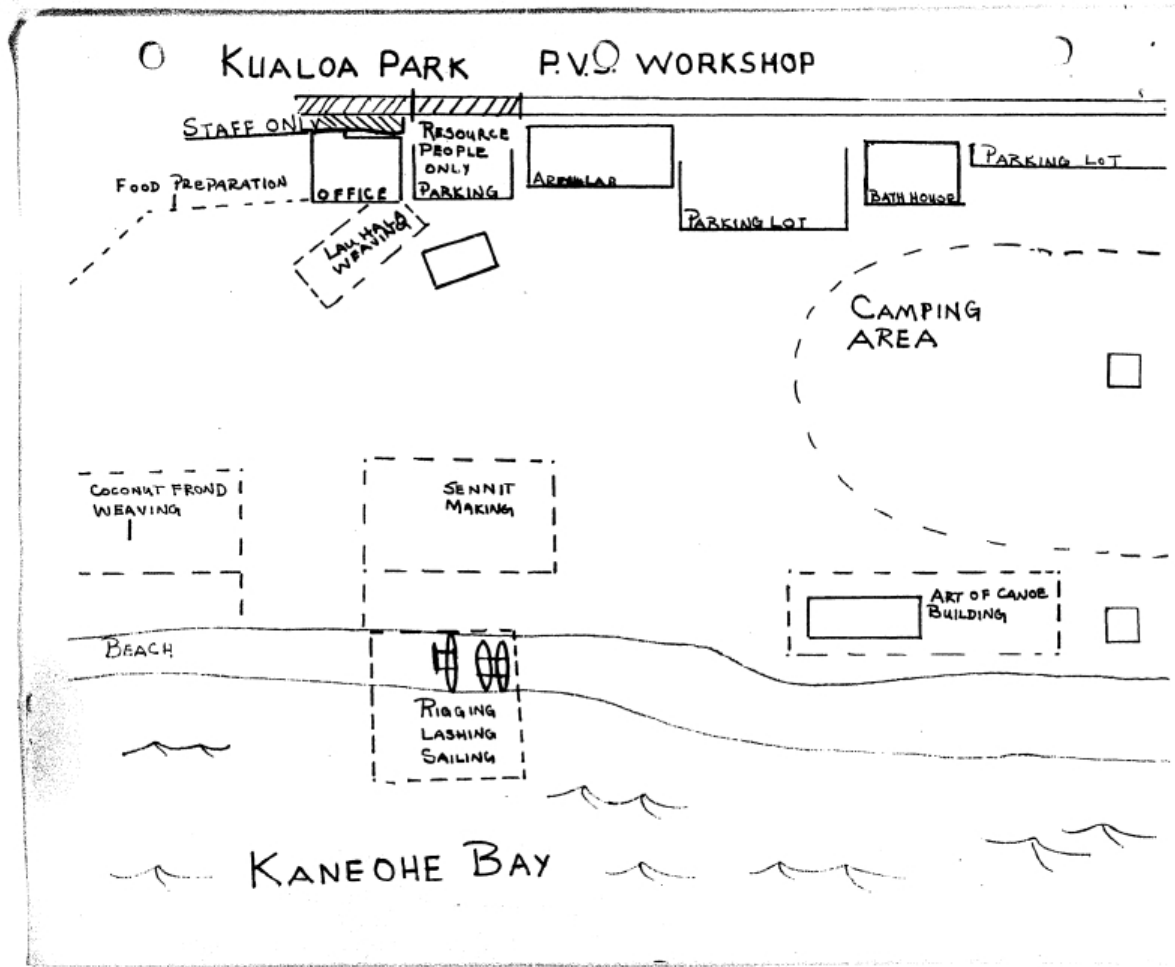
- 9:00 A.M. - 12:00 P.M. Concurrent days sessions continue.
- 12:00 P.M. - 1:30 P.M. Lunch break. Book display.
- 1:30 P.M. - 4:30 P.M. Concurrent sessions end.
- 4:30 P.M. - 6:00 P.M. Dinner break. Book display.
- 6:00 P.M. - 7:15 P.M. Kūkākūkā (Discussion): "Physical and Psychological Readiness for a Long Sea Voyage" by Dr. Frank Tabrah, Dr. Ben Finney, Capt. David Lyman.
- 7:30 P.M. - 8:00 P.M. Identification of star constellations related to Polynesian navigation by Tai Crouch
- 8:15 P.M. - 9:00 P.M. "E Himeni a e Hula Kākou" by Steering Committee

Po'akahi, Okakopa 13, 1975

- 9:00 A.M. - 11:00 A.M. Turn in evaluation forms.
- 11:15 A.M. - 5:00 P.M. Optional sailing and paddling. Book display.

STEERING COMMITTEE

Nani Bowman  
Cecilia Kapua Lindo  
Sandy Maile  
Jean Mahealani McClellan



POLYNESIAN VOYAGING SOCIETY  
October 10-13, 1975 Workshop Evaluation

Circle the number which best satisfies your opinion of the day sessions. Additional comments will be appreciated.

1 2 3 4 5 Superior  
Poor Fair Good Excellent

Session 1: Polynesian Canoes

- |                                  |   |   |   |   |   |
|----------------------------------|---|---|---|---|---|
| 1. Adequate written materials    | 1 | 2 | 3 | 4 | 5 |
| 2. Instructors knowledge         | 1 | 2 | 3 | 4 | 5 |
| 3. Adequate time for instruction | 1 | 2 | 3 | 4 | 5 |
| 4. Sessions location             | 1 | 2 | 3 | 4 | 5 |

Session 2: Rigging, Lashing and Sailing a Polynesian Canoe

- |                                  |   |   |   |   |   |
|----------------------------------|---|---|---|---|---|
| 1. Adequate written materials    | 1 | 2 | 3 | 4 | 5 |
| 2. Instructors knowledge         | 1 | 2 | 3 | 4 | 5 |
| 3. Adequate time for instruction | 1 | 2 | 3 | 4 | 5 |
| 4. Sessions location             | 1 | 2 | 3 | 4 | 5 |

Session 3: Laohala and Coconut Weaving, Sennit Making

- |                                  |   |   |   |   |   |
|----------------------------------|---|---|---|---|---|
| 1. Adequate written materials    | 1 | 2 | 3 | 4 | 5 |
| 2. Instructors knowledge         | 1 | 2 | 3 | 4 | 5 |
| 3. Adequate time for instruction | 1 | 2 | 3 | 4 | 5 |
| 4. Sessions location             | 1 | 2 | 3 | 4 | 5 |

Session 4: Feeds and Plants for Sea Voyaging

- |                                  |   |   |   |   |   |
|----------------------------------|---|---|---|---|---|
| 1. Adequate written materials    | 1 | 2 | 3 | 4 | 5 |
| 2. Instructors knowledge         | 1 | 2 | 3 | 4 | 5 |
| 3. Adequate time for instruction | 1 | 2 | 3 | 4 | 5 |
| 4. Sessions location             | 1 | 2 | 3 | 4 | 5 |

Comments for sessions 1-4: \_\_\_\_\_

Your criticisms and comments on the evening sessions will be most helpful.

Friday Evening Orientation: \_\_\_\_\_

Saturday Evening lectures and films: \_\_\_\_\_

Sunday Evening panel discussion and Hō'ike: \_\_\_\_\_

General questions:

1. Was the location and camp facilities adequate for this type of workshop?

2. Are there additional related areas of instruction or discussion that you would have liked us to cover?

3. If you are a student or teacher how will you use the information gained at this workshop? (Even if you are not a student or teacher, how will you use the information gained?)



8th Annual  
Hike Huiolo

(Happy People's Celebration)

SATURDAY

Nov. 4, 1978

12:00 P.M. - 9:00 P.M.

~~On~~ The New Banyan Court Mall

Featuring

A Lantern Parade

6:30 P.M.

Alala Park (to assembly) to new Banyan  
Court Mall -

○ PRIZES for HANDMADE Lanterns